

September, 2025

	Monday 09/01/25	Tuesday 09/02/25	Wednesday 09/03/25	Thursday 09/04/25	Friday 09/05/25
Breakfast:	CLOSED for Labor Day	Non-GMO Whole Grain Cheerios w/ Fresh Fruit w/ Milk & Chilled Water	Organic Yogurt Parfait w/ Granola, Organic Berries & Organic Honey; Milk & Chilled Water	Breakfast Burrito w/ Scrambled Eggs, Shredded Cheese, & Nitrate/Nitrite- Free Turkey Bacon on Whole Grain Tortillas; Milk & Chilled Water	100% Whole Oat Slow Cooked Oatmeal sprinkled w/ Cinnamon & Organic Raisins; Milk & Chilled Water
AM Snack:		Homemade Healthy Fun Mix w/ Dried Raisins, Pretzels, Baked Gold Fish, and Non-GMO Cheerios & Chilled Water	Whole Wheat English Muffins, Cream Cheese, Fresh Fruit; Chilled Water	Whole Grain, Non-GMO, Gluten Free Cheerios & Milk w/ Bananas	Fresh Fruit (Melon, Apples, Oranges) & Whole Grain Crackers (Graham or Animal) & Chilled Water
Lunch:		Organic High Protein Penne Pasta Bake w/ Organic Lean Meat Sauce, Organic Mixed Salad w/ Homemade Ranch Dressing, Whole Wheat Garlic Toast; Milk & Chilled Water	Organic Boneless Skinless Chicken with Teriyaki Sauce, Broccoli, Brown Rice; Milk & Chilled Water	Homemade Organic Lean Beef Meatloaf made w/ Whole Grain Oats, Organic Onion, Ketchup & Eggs, Light & Healthy Organic Mashed Potatoes, Organic Fresh Fruit; Milk & Chilled Water	Cheese Pizza w/ Organic Marinara Sauce and High Protein Crust, Organic Mixed Salad w/ Homemade Ranch Dressing, Organic Fresh Fruit; Milk & Chilled Water
PM Snack:		Fresh Fruit (Melon, Apples, Oranges) & Whole Grain Crackers (Graham or Animal) & Chilled Water	Organic Tortilla Chips & Salsa & Chilled Water	Homemade Fresh Guacamole with Organic Tortilla Chips & Salsa & Chilled Water	Organic Fresh Sliced Cucumbers, Carrots, Celery Sticks with Homemade Ranch Dip & Chilled Water

	Monday 09/08/25	Tuesday 09/09/25	Wednesday 09/10/25	Thursday 09/11/25	Friday 09/12/25
Breakfast:	Non-GMO Whole Grain Cheerios w/ Fresh Fruit w/ Milk & Chilled Water	100% Whole Oat Slow Cooked Oatmeal sprinkled w/ Cinnamon & Organic Raisins; Milk & Chilled Water	Homemade Whole Grain Pancakes (regular, blueberry, or banana) w/ 100% Organic Maple Syrup, Fresh Fruit; Milk & Chilled Water	Organic Yogurt Parfait w/ Granola, Organic Berries & Organic Honey; Milk & Chilled Water	Organic Scrambled Eggs and Cheese, Whole Wheat Toast, Fresh Fruit; Milk & Chilled Water
AM Snack:	Organic Tortilla Chips & Salsa & Chilled Water	Sliced Cheddar and Monterey Jack Cheese w/ Whole Grain Crackers & Chilled Water	Whole Wheat English Muffins, Cream Cheese, Fresh Fruit; Chilled Water	Organic Fresh Sliced Cucumbers, Carrots, Celery Sticks with Homemade Ranch Dip & Chilled Water	Organic Non-Fat Greek Yogurt, Low- fat Organic Granola w/ Organic Honey & Organic Blueberries or Bananas; Chilled Water
Lunch:	Organic High Protein and Fiber Spaghetti Pasta w/ Organic Lean Meat Sauce, Organic Mixed Salad w/ Homemade Ranch Dressing, Whole Wheat Garlic Toast; Milk & Chilled Water	BBQ Organic Boneless Skinless Chicken, Baked Sweet Potato Fries, Fresh Fruit; Milk & Chilled Water	Quesadillas w/ Four Cheese Blend and Organic Onions, Blended Pinto Beans, Fresh Sliced Fruit; Milk & Chilled Water	Organic Lean Beef Sloppy Joes on Multigrain Bread, Organic Mixed Salad w/ Homemade Ranch Dressing, Organic Fresh Fruit; Milk & Chilled Water	Cheese Pizza w/ Organic Marinara Sauce and High Protein Crust, Organic Mixed Salad w/ Homemade Ranch Dressing, Organic Fresh Fruit; Milk & Chilled Water
PM Snack:	Organic Homemade Hummus w/ Organic Baked Pita Chips & Chilled Water	Whole Grain, Non-GMO, Gluten Free Cheerios & Milk w/ Bananas	Fresh Fruit (Melon, Apples, Oranges) & Whole Grain Crackers (Graham or Animal) & Chilled Water	Organic Tortilla Chips & Salsa & Chilled Water	Homemade Healthy Fun Mix w/ Dried Raisins, Pretzels, Baked Gold Fish, and Non-GMO Cheerios & Chilled Water

	Monday 09/15/25	Tuesday 09/16/25	Wednesday 09/17/25	Thursday 09/18/25	Friday 09/19/25
Breakfast:	Non-GMO Whole Grain Cheerios w/ Fresh Fruit w/ Milk & Chilled Water	Breakfast Burrito w/ Scrambled Eggs, Shredded Cheese, & Nitrate/Nitrite-Free Turkey Bacon on Whole Grain Tortillas; Milk & Chilled Water	100% Whole Oat Slow Cooked Oatmeal sprinkled w/ Cinnamon & Organic Raisins; Milk & Chilled Water	Homemade Whole Grain Pancakes (regular, blueberry, or banana) w/ 100% Organic Maple Syrup, Fresh Fruit; Milk & Chilled Water	Organic Yogurt Parfait w/ Granola, Organic Berries & Organic Honey; Milk & Chilled Water
AM Snack:	Homemade Healthy Fun Mix w/ Dried Raisins, Pretzels, Baked Gold Fish, and Non-GMO Cheerios & Chilled Water	Fresh Fruit (Melon, Apples, Oranges) & Whole Grain Crackers (Graham or Animal) & Chilled Water	Whole Grain, Non-GMO, Gluten Free Cheerios & Milk w/ Bananas	Organic Non-Fat Greek Yogurt, Low-fat Organic Granola w/ Organic Honey & Organic Blueberries or Bananas; Chilled Water	Organic Fresh Sliced Cucumbers, Carrots, Celery Sticks with Homemade Ranch Dip & Chilled Water
Lunch:	Organic High Protein Penne Pasta Bake w/ Organic Lean Meat Sauce, Organic Mixed Salad w/ Homemade Ranch Dressing, Whole Wheat Garlic Toast; Milk & Chilled Water	Organic Lean Beef Sloppy Joes on Multigrain Bread, Organic Mixed Salad w/ Homemade Ranch Dressing, Organic Fresh Fruit; Milk & Chilled Water	BBQ Organic Boneless Skinless Chicken, Baked Sweet Potato Fries, Fresh Fruit; Milk & Chilled Water	Bean & Cheese Burritos made w/ Organic Beans and Organic Tortillas, Homemade Spanish Rice, Fresh Sliced Fruit and Milk & Chilled Water	Cheese Pizza w/ Organic Marinara Sauce and High Protein Crust, Organic Mixed Salad w/ Homemade Ranch Dressing, Organic Fresh Fruit; Milk & Chilled Water
PM Snack:	Sliced Cheddar and Monterey Jack Cheese w/ Whole Grain Crackers & Chilled Water	Organic Tortilla Chips & Salsa & Chilled Water	Whole Wheat English Muffins, Cream Cheese, Fresh Fruit; Chilled Water	Fresh Fruit (Melon, Apples, Oranges) & Whole Grain Crackers (Graham or Animal) & Chilled Water	Homemade Fresh Guacamole with Organic Tortilla Chips & Salsa & Chilled Water

	Monday 09/22/25	Tuesday 09/23/25	Wednesday 09/24/25	Thursday 09/25/25	Friday 09/26/25
Breakfast:	Non-GMO Whole Grain Cheerios w/ Fresh Fruit w/ Milk & Chilled Water	Organic Yogurt Parfait w/ Granola, Organic Berries & Organic Honey; Milk & Chilled Water	Organic Scrambled Eggs and Cheese, Whole Wheat Toast, Fresh Fruit; Milk & Chilled Water	100% Whole Oat Slow Cooked Oatmeal sprinkled w/ Cinnamon & Organic Raisins; Milk & Chilled Water	Homemade Whole Grain Pancakes (regular, blueberry, or banana) w/ 100% Organic Maple Syrup, Fresh Fruit; Milk & Chilled Water
AM Snack:	Organic Tortilla Chips & Salsa & Chilled Water	Organic Fresh Sliced Cucumbers, Carrots, Celery Sticks with Homemade Ranch Dip & Chilled Water	Fresh Fruit (Melon, Apples, Oranges) & Whole Grain Crackers (Graham or Animal) & Chilled Water	Sliced Cheddar and Monterey Jack Cheese w/ Whole Grain Crackers & Chilled Water	Whole Wheat English Muffins, Cream Cheese, Fresh Fruit; Chilled Water
Lunch:	Organic High Protein and Fiber Spaghetti Pasta w/ Organic Lean Meat Sauce, Organic Mixed Salad w/ Homemade Ranch Dressing, Whole Wheat Garlic Toast; Milk & Chilled Water	Organic High Protein & Fiber Chow Mein w/ Organic Boneless Skinless Chicken and Organic Vegetables, Organic Fresh Fruit; Milk & Chilled Water	Homemade Organic Lean Beef Meatloaf made w/ Whole Grain Oats, Organic Onion, Ketchup & Eggs, Light & Healthy Organic Mashed Potatoes, Organic Fresh Fruit; Milk & Chilled Water	Homemade Macaroni and Cheese made w/ Organic High Fiber Protein Pasta, Fresh Fruit, Steamed Vegetables; Milk & Chilled Water	Cheese Pizza w/ Organic Marinara Sauce and High Protein Crust, Organic Mixed Salad w/ Homemade Ranch Dressing, Organic Fresh Fruit; Milk & Chilled Water
PM Snack:	Organic Non-Fat Greek Yogurt, Low-fat Organic Granola w/ Organic Honey & Organic Blueberries or Bananas; Chilled Water	Whole Grain, Non-GMO, Gluten Free Cheerios & Milk w/ Bananas	Homemade Healthy Fun Mix w/ Dried Raisins, Pretzels, Baked Gold Fish, and Non-GMO Cheerios & Chilled Water	Organic Homemade Hummus w/ Organic Baked Pita Chips & Chilled Water	Organic Tortilla Chips & Salsa & Chilled Water