Child Development Centers

# February Curriculum Owls, Whales and Zebra Classes



In the month of February, love will be in the air at Kids Klub! Friendship and Family together with I Can Make Å Joyful Noise will kick off the month. The children will be continuing to learn all about the whole wide world and celebrating all its wonders, traditions and celebrations. These world lessons began in December with our Holidays Åround the World lessons and continued in January with our International Celebration lessons which we are just wrapping up with the Year of the Snake celebrated in so many cultures around the world in the continent of Åsia and in the Åsian communities around the world. I Can Make Å Joyful Noise is a week of self-confidence and self-esteem building as we continue to help the children learn to use their voices and other fun tools such as musical instruments and good old regular household items to make beautiful music and song. Teaching children to know how to be heard in beautiful ways is an important lifelong lesson that we hope they will love learning and the teachers will have fun teaching too.

Of course -Science, Technology, Engineering, Art and Math (STEAM) will fuel your child's learning all month long as well and will be combined with Language Development, Vocabulary Building, Problem Solving and Social Skills. How do we do this at Kids Klub? Through hands on discovery during play combined with our teachers setting up the lessons properly with a quick circle time to set the stage and asking important questions throughout the learning rotation and creating problems that the children work together to solve -this is how this is all done at Kids Klub! Play at Kids Klub always has a purpose. Play is important for the development of each child and we sure know how to play and learn at the same time at Kids Klub.

The children will also be learning all about whales, under the sea animals, the human heart and who Presidents Lincoln and Washington are and why we celebrate their birthdays. We have just finished up a wonderful month of learning all about Animals in Winter and all the ways they adapt to the harsh weather and how it affects their habitats. Your children have learned what it mean to camouflage and blend into their habitats and animals do this so that they are protected from predators or be effective hunters for the food they need. We have learned all about hibernation and how the animals take a long winter nap when it is really cold and food is hard to find and then like Mr. Groundhog, they come out of their dens when Springtime is arriving and start eating the new spring growth. Your children started their journey around the world with studies about the Arctic and the continent of Antarctica and they now know a lot about the polar caps on our planet. They learned through pictures and science videos what the landscape of these areas looks like and what animals live in these extreme environments. Polar Bears were a focus as we studied all about the Arctic and the animals that live alongside the polar bears in this harsh environment. When we studied about Antarctica, your children had lots of fun waddling from one area to the next like a penguin and trying to carry an egg on their feet like parent Penguins do. This month the children will continue their Animal Kingdom lessons by deep diving into the ocean to learn about the animals that live in this special salt-water environment. They will learn about how important our oceans are not only to these animals that live there but to our planet as a whole. Hopefully through these lessons the children will learn how important it is for us to always take care of our planet, oceans and the lands. We will continue our lessons on great migrations as we continue to study animals that walk, fly or swim long distances to move to warmer habitats during winter only to return to their original habitats when warmer weather arrives. Whales are one of those animals that make the great migration and we will be focusing on whales and other animals that live under the sea throughout the month of February.

"I Love My Body — I Can Take Care of Me" lessons will continue in the month of February, which is filled with heart lessons of all kind. We will focus on taking care of our bodies and on keeping our HEART healthy through healthy eating and exercise. All year we have been learning about how to care for our bodies in many ways. We have studied healthy eating of vegetables and fruits, practiced hand washing skills & proper potty training and bathroom etiquette to keep our bodies healthy. We have visited the Balance and Coordination Learning Center as well as Music and Movement and the soft and hard yard and learned that exercise is important and exercise is fun too. With flu season here we have been practicing the very important lesson of covering our mouths when we cough and sneeze to help protect us from germs that get spread and make us sick. Tying directly to each of these lessons is our community helper and career lessons. We will continue these as we study about doctors and nurses and how they help us take care of our bodies. This lesson particularly goes to the Heart of the lessons filling our month of February. Be kind to each other, be a good friend and care for one another in as many ways as you can and do not forget to also take good care of yourself.

Speaking of our bodies, body control, stretching and strengthening our muscles and even stress reduction will continue this month to be taught in our movement classes as well as in Balance and Coordination here at Kids Klub. Obstacle courses are a big part of our gross motor development and we include balance, hopping, skipping, crawling, walking, running and taking turn skills as well as design, plan and build skills when the children are part of the Obstacle Course creation. We even include academics into our obstacle courses with letter and number stepping mats and follow the directions using particular numbers or letters for the particular exercise. The children have been enjoying yoga stories each week as they roll out their yoga mats and listen, do the poses in the book that help them focus, calm their minds and strengthen their bodies. Our teachers can read these stories and have the children de-stress and calm their bodies anytime and we have filled our center with a collection of yoga story books for them to use. Some of the books are just poses and others have a storyline that has poses along the way. Feel free to check them out in our yoga area and ask your teachers for advice on which ones your child responds to. These are very nice tools to have at home as well as at the center. My personal favorites are Good Morning and Goodnight Yoga, Pose-by-Pose Wake-up and Bedtime Stories. The children love their yoga mats, the calm music, what they accomplish with their bodies; balance, self control and self-esteem boosted, they feel good. Teaching them these skills early will help them all throughout their life.

As we move into the Animal Kingdom of "Under the Sea" we will be learning about many animals that live in our oceans. Whales and dolphins will be a focus as we learn about mammals and look at the size of these animals from the tiny fish to the largest animal to ever live on this earth and still does

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today, the Blue Whale, with a length of up to 100 feet. We will compare and contrast our size and needs (Habitat, Food Sources etc...) to that of a Dolphin, Orca Whale, Humpback Whale and a Blue Whale and more. We will learn what these animals look like, eat, what sounds they make, how they swim and how we can take better care of our oceans so they have a clean and safe place to live. We will also study our salt water fish tanks and talk about our Kids Klub ocean habitat and the friendly fish we have living there. We will compare and contrast Fish vs. Mammal and continue to learn that there are many different kinds of animals on our planet and each one is special in their own way with their skin, blood, how they breathe, how their babies are born and how and if they care for their babies after they are born being main differences. We will of course be studying habitats and what they need to survive. Our Animal Kingdom lessons always include lessons on how we can help protect their environment so they stay healthy.

The children will continue to learn their numbers, letters, patterns, colors, calendar months, days of the week, weather, seasons and more as they participate in Circle Time every day, two times per day with their amazing teachers. Circle Time is a joyful time with songs and personal focus on each child with name recognition and sharing and also on the class as a whole. The children continue their learning through both teacher directed and child directed play with Manipulatives and Puzzles, Blocks and Trains and Årt. Our Dramatic Playtime where we play Home, School, Grocery Store and Restaurant and more has valuable lessons within it. In addition to just pure fun, role-playing Mom, Dad, siblings, grandparents, aunts, uncles, teachers, friends and more plus self-sufficiency are a focus of this area. So many of our other academic disciplines come to play as they plan menus, shop for food, pay for food, prepare the food, set the tables, "serve and eat" a prepared meal with their friends, and more... Our teachers help guide them through this experience with questions that provoke thought or challenge them with a "problem" that needs problem solving skills to navigate.

Learning basic reading skills will always be a focus as they practice their zoo phonics each circle time learning to identify a letter and learning what sound it makes paired with many story times where they will listen, read, think of new endings to stories and tell their own stories throughout the week and month. Literature is combined with all of our learning center experiences with books being read in Blocks and Trains, Science, Årt, Dramatic Play, during Yoga Time in Music and Movement and even outside on the playground as we connect learning concepts with all types of play and also take as much learning into nature and the fresh air as we can. Vocabulary enhancement will take place throughout the day and our teachers continue to teach and reinforce learning concepts all along the way. By asking questions and leading discussions our teachers develop vocabulary, problem solving skills and overall language development.

I love to brag about our awesome teachers and as we talk about full STEAM ahead at Kids Klub, our teachers even incorporate physics, gravity, weight and balance lessons into the children's time outside on the swings, slides, and exploring the playground. They take every opportunity to turn an ordinary moment into one of learning and making a connection to what we are teaching.

To celebrate Valentine's Day, we will be celebrating as individual classes with special friendship art projects, stories, games and more. The children will be making Valentine Cards in Art for all of their classmates so you do not need to buy, complete or bring these in from home but you are welcome to bring some in if you wish. While grateful for the offers and generosity, please also remember that we do not allow treats or little toys of any kind to be brought in from home due to extreme caution surrounding certain allergies and choking hazards. Please also be cautious if you purchase store bought little cards that they are not packaged with any types of candy or food that could result in a allergic reaction due to cross contamination. Any again no candy or toys of any kind can be brought to the center. We are looking forward to celebrating this special holiday about friendship and love while at the same time being abundantly cautious and keeping everyone healthy and safe.

Social Science Lessons will continue this month as we learn about what it means to be a President of the United States and more specifically learn about George Washington our 1st President and Abraham Lincoln, our 16th President. We will learn about the important roles each of them played as they led the United States to freedom and treating others with respect and equality each in their own time. Because of the great achievements they have made we celebrate their birthdays on the 3rd Monday of February on what is now called President's Day. Please note, the center will be closed in observance of President's Day.

Please take time to review your child's learning experience at Kids Klub and use this information to further the learning experience at home. Ask specific questions about each day and let your child share the exciting day they had at school. I hope this more detailed curriculum helps with the vision and essence of the learning experience. We hope you enjoy reading about what your child will be learning each and every day at Kids Klub.

Bambi Wojciechowski Curriculum Director

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#### Joyful Sounds, Hearts, Presidents and Whales - Wow what a Month of Learning!

WEEK 28 Weekly theme: I Can Make a Joyful Noise Letter: Introduce Ss for Sammy Snake, Songs, Singing & Sharks that live in the Sea Numbers: 23, review 1-22 Color: Review all the colors we have learned so far this year Shapes: Musical Notes and Instruments

Pattern: ÅBB, ÅBB Remember a pattern only exists if it is repeated at least twice.

Daily Circle Time: Our Flag-Pledge of Allegiance, Calendar, Months, Days of the week, Weather, Season, Letters, Numbers, Shapes, Patterns, Our Names, Animals, Vegetables, Fruits - English and Spanish. Weekly Vocabulary and Learning Concepts throughout the center: Sound, Music, Rhythm: Pattern of beat, Beat: long or short pulses, Tempo: Slow & Fast, Volume: Loud and Soft, Pitch: High and Low, continue Winter, Migration, Hibernation, Dressing Warm

|         | Monday                       | Tuesday                           | Wednesday                         | Thursday                      | Friday                        |
|---------|------------------------------|-----------------------------------|-----------------------------------|-------------------------------|-------------------------------|
|         | Let's Make a Musical         | Nature's and the city's music     | Outside art time - Let's make a   | Let's make colorful tube      | Valentines for your friends – |
| Ärt     | Instrument: A Jingle Stick   | -Outdoor easel painting – go      | messy drumstick painting – what   | maracas with pony beads       | use construction paper and    |
|         | How to Make: Decorate        | outside, listen to all the sounds | we need is art apron, paper,      | inside -tape ends closed with | stickers, glitter markers and |
|         | your Stick then              | you can hear and then paint a     | paint, 8 inch popsicle sticks and | colorful duct tape over and   | crayons to make enough        |
|         | Thread a couple large sized  | picture of what you are           | some great music to drum away     | wrapped around for secure     | valentines for your class.    |
|         | Jingle Bells on pipe cleaner | hearing. Our world is filled      | in the paint to. Have fun,        | fitting. Then decorated with  | Today start this process and  |
|         | and wrapped around a wayy    | with Joyful Noises and even       | splashing the paint with your     | glitter and spangles. Then    | continue next week. Use       |
|         | popsicle stick - supplies    | some not so joyful noises -       | sticks -use many colors and       | shake away to make a joyful   | writing time to practice      |
|         | have been ordered. Let's     | what do your hear? What do        | remember there is no right way    | noise.                        | writing your name over and    |
|         | make beautiful sounds with   | you hear- using your senses       | to do art so let free expression  |                               | over in the Valentines you    |
|         | our jingle sticks. Sing a    | to explore the world around       | flow. Let your art and your       |                               | make.                         |
|         | Song add some jingle noise   | you.                              | paint covered drumsticks dry      |                               |                               |
|         |                              |                                   | and take them home.               |                               |                               |
| Zoo     | Ss is for Sammy Snake        | Ss is for Sammy Snake             | Ss is for Sammy Snake Letters     | Ss is for Sammy Snake         | Ss is for Sammy Snake         |
| Phonics | Letters Åa –Ss, Sounds,      | Letters Åa –Ss, Sounds,           | Åa –Ss, Sounds, Movements,        | Letters Åa –Ss, Sounds,       | Letters Åa –Ss, Sounds,       |
|         | Movements, Talk about        | Movements, Talk about things      | Talk about things that start with | Movements, Talk about things  | Movements, Talk about things  |
|         | things that start with each  | that start with each letter.      | each letter.                      | that start with each letter.  | that start with each letter.  |
|         | letter.                      |                                   |                                   |                               |                               |

Pre-K Reminder: Have the children glue or double-sided tape on the memory page one of the music inspired artwork pieces they would like to include in their memory book- their choice. Note: If you choose to display this art project then the children can glue/tape it into the memory book on Monday when you change out the art boards.

PM Art: Valentines for the whole class - little ?rectangles, circles, hearts of construction paper, markers, stickers, glitter, maybe some spangles and glue -simple and sweet- have the children decorate enough of these little Valentines and then use "writing time" after they are dried to sign their name on each one so they are ready to hand out on Valentine's day. Use Afternoon Art Time to also play with your musical instruments made in art class. Jingle Sticks, Colorful splash painted Drum Sticks & Tube Maracas really do make joyful noises.

Balance & Coordination: Hopping on 1 foot, then the other, then on both feet and repeat. How many times can you do this-have fun practicing your counting. Then have a spoon races carrying something in a plastic spoon from one end of the classroom to the other and back. Now change the way they have to go across the classroom: Backwards, Sideways, Spinning in circles, Crawling, you get the picture-coordination training at its finest. Next, set up a line of items that everyone has to weave in and out of. Can they do it with the spoon in their hand? Hand and eye coordination as you weave through is quite a challenge but they will have fun trying. Become a statue and balance on 1 foot then the other. You can set up an Obstacle Course to achieve these skill practices or enjoy them one by one. Most of all have lots of fun and laughs as we build our gross motor skills.

Placks & Trains: Lesson 1: 23 stacking blocks, count as you go and see if you can get them all stacked up before they fall over. If it falls over before you reach 23 figure out what you can do differently to get more blocks stacked up before it topples. Then have fun knocking them down and building them up again. Then create whatever you wish with the blocks you are using. Lesson 2: Domino fun - let's line up dominoes and blocks and see if we can cause a chain reaction if we knock the first one over. What do we need to do to make this process happen? How close do we need to put the blocks or dominos? What designs can we make with our blocks and still cause the chain reaction. Have fun trying all kinds of ideas and designs. Discuss what happens, what went right and what went wrong and then problem solve to make it better and better.

Kitchen Creation: Read a Book then: Make healthy raspberry ice cube popsicles (learn to measure and mix & healthy snack choices) - discuss liquid to solid science. Pour into Ice Cube Trays, add Popsicle Sticks & Freeze to enjoy later in the day. What is a Freezer? What does it mean to freeze something? Then: Mix up a batch of playdough and let the children have a relaxing sensory experience as they create something fun or just mix and mush the dough in their fingers.

Library Time: Kids Klub is filled with books everywhere in every learning center. Read stories about Music and Friendship, Valentine's Day and President's Day, Whales and Under the Sea Animals. Stop along the way to review vocabulary and ask questions. Enjoy these reading times and discussions all throughout your day incorporating the lessons and themes into everything the children are doing from making playdough to building with blocks – these are all opportunities to teach and make connections in all types of learners. Read at Circle Time, before each learning lesson, at snack time, lunchtime & right before naptime. End your day with stories and discuss about what you have learned from all the books you have read during each day. Build on & connect themes from week to week. As our Winter Season continues with colder weather, we continue our lessons about the present, connect it to the past and look forward to the future and the coming of Spring and the special magic that comes with the warmth from the sun.

Puzzles & Manipulatives: This week we will be using Linking and stacking small motor skill toys of all kinds. We will also be using our puzzles for problem solving, spatial skill building as well as themed concepts based on each puzzle. Help the children identify what is on their puzzles. This builds new vocabulary as they problem solve the puzzle. Building spatial skills strengthens observation and problem solving skills. For greater challenge, mix up more than one puzzles pieces and have the children figure out which pieces go with what puzzle. Counting, sorting, patterning, adding and subtracting all come to life with manipulatives. Manipulatives are meant to be touched, moved, and handled to allow children to build math skills and solidify understanding. Young children need very concrete real objects to learn from

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and using more than one object/manipulative set helps your children understand the concept more deeply. Let children explore and play with the manipulatives first then give them a problem to solve or pattern to build. Play, sorting, counting and pattern making will be connected and each activity will help teach and clarify lessons the children are working on learning. Lots of brain development of the "math" connection kind will surely be happening. Most of all-math learning will be fun!

Music & Movement: This week is all. Ill. Ill. Ill. about the music and making sounds with any and all objects around them. Turn on some music, play the instruments, use rhythm sticks and turn ordinary objects into instruments. Use their handmade instruments from Art if they are dry. Have fun. First, work on the concept of volumeturn the music up high and down low, have them play and sing both loud and soft. Next-Have the children listen for the beat or pulse of the music. Have them tap their feet or hands to the beat. Then have them play their "instrument" to the beat of the music. Can you find a pattern in the beats? Beats come in long or short patterns and this pattern is what makes up a rhythm. Stop the music and have them tap to the beat - can the children remember the beat? Next have them work on Tempo and the concepts of slow and fast. All of this contributes to the Melody of a song. Change songs and work on the same concepts - choose different songs, some with fast tempos and others with slow so the children can hear and learn to appreciate all of the concepts within each song. Dance to the beat, wiggle and sway to the beat and rhythm. Have fun and remember - moving are bodies to the music is fun and important for healthy bodies AND it is a part of teaching the children how to read as well!

Science 1: I can make a Joyful Sound Continues in Science with the Music Discovery box. This box is filled with ordinary objects along with musical instruments and they will learn that everything has a sound and the sound is different depending on the type of material it is made of. From paper plate drums to cup rattles, they will have fun banging their way through science this week. Let the cup, plate and tin can band make joyful noises. Have Fun while building basic reading skills.

Science 2: I can Make a Joyous Sound - Sesame Street Special Guests Music Video-Put on your listening ears, have a seat, learn all about sound, making music and when the music and dancing starts, hop up and watch and dance along. Everything around us makes a sound and this demonstration will allow you to hear the creative way we can make music in everything we do, touch and play with. Have fun.

Dramatic Play Time: Hoppy's General Store, Home and School Lessons: Read a Storybook first and talk about what we have been learning all week so connections will be made through Dramatic Play. General Store: Head over to Hoppy's General Store to shop for healthy foods to keep your body healthy and strong. Share what you are shopping for. What are you going to cook with the ingredients you purchased? What is an ingredient? What is a recipe? Then: Set the table — where do the plate, bowl, glass and silverware go? How are you going to cook the food you picked out at the market? Cook the food and serve it to our friends. Have a group sitting at the dining table as you serve the food and sit and enjoy together. Hoppy's Home: Play house. What do you need to do if you have a house to live in? What roles can you play living in a house? What jobs can you do around the house to maintain the house? Review, Practice and Use your manners and have fun cooking, cleaning and carring for the babies. What season is it now? Winter comes with colder weather so dress the babies in warm clothing and wrap them in blankets and have fun playing with them. Take them on a stroller ride. Use the workshop to make and fix things around the house. Do you need to mow the law? Fix the car? Teach the Babies what you are learning about when you go to Hoppy's School Use teaching tools like magnets and felt to teach with. Hoppy's Home, General Store and School House are a place to practice role playing, learning life skills, pretending and playing with your friends. Have fun and please remember—clean up time is as important as play time. It teaches very important sort, organizing, grouping, matching and more Math skills as well as everyday needed skills for keeping up their own rooms and helping at home.

Theater: We will continue our lessons on Beat, Rhythm, Melody, Tempo and Volume in Theater. Put on the music and dance, dance – use the scarves and tambourines to better express yourself as you move to the music. Move fast, slow, freeze, swirl around, stand up, sit down, slow down, freeze and keep moving to the beat of the songs you are listening to. Change up the songs so that these features in each piece of music change. The children can adapt to the new beat, tempo, rhythm etc.. all while exercising their bodies and having a lot of fun with their friends. Also-rhythm, beat and tempo help children learn to read, so the more moving the rhythm the better!

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Joyful Sounds, Hearts, Presidents and Whales - Wow what a Month of Learning!

WEEK 24 Weekly Theme: I have a heart! And What is Valentine's Day? Letter: Tt for Turtles & Tiger Sharks that live in the sea , Aa-Tt review Numbers: 24, 1 – 23 review Colors: Red and pink Shapes: Hearts, Xs and Os (hugs and kisses) Patterns: XOXO XOXO

Daily Circle Time: Our Flag-Pledge of Allegiance, Calendar, Months, Days of the week, Weather, Season, Letters, Numbers, Shapes, Patterns, Our Names, Animals, Vegetables, Fruits — work on all of this in English, Spanish & Mandarin. Can you remember greetings in other languages from around the world?

Vocabulary and Learning Concepts throughout the Center: Love and Friendship, Valentine's Day, Giving —the joy of hand-making a card for someone else, My heart is important. Healthy Eating, Exercise, Oceans around the World and Under the Sea Animals, What we can do to keep our oceans clean? Symbol X & O

|             | Monday                          | Tuesday                               | Wednesday                       | Thursday                        | Friday                           |
|-------------|---------------------------------|---------------------------------------|---------------------------------|---------------------------------|----------------------------------|
| Årt         | Decorate your Valentine Mail    | Decorate your Valentine Mail Bag      | Continue making a Parent        | Continue making a Parent        | Continue making a Parent and     |
|             | Bag or Box to collect all your  | or Box to collect all your cards      | and classmate Valentines.       | and classmate Valentines.       | classmate Valentines. These      |
|             | cards from your friends.        | from your friends.                    | These child- created, sweet     | These child- created, sweet     | child- created, sweet & simple   |
|             | Then Continue making a Parent   | Then Continue making a Parent         | & simple pieces of art will not | & simple pieces of art will not | pieces of art will not only be   |
|             | and classmate Valentines. These | and classmate Valentines. These       | only be creative but also will  | only be creative but also will  | creative but also will be pre-   |
|             | child- created, sweet & simple  | child- created, sweet & simple        | be pre-writing and writing      | be pre-writing and writing      | writing and writing time as the  |
|             | pieces of art will not only be  | pieces of art will not only be        | time as the children draw       | time as the children draw       | children draw pictures & sign    |
|             | creative but also will be pre-  | creative but also will be pre-writing | pictures & sign their names.    | pictures & sign their names.    | their names. If complete create  |
|             | writing and writing time as the | and writing time as the children      | If complete create Valentine    | If complete create Valentine    | Valentine Årt, Banners and       |
|             | children draw pictures & sign   | draw pictures & sign their names.     | Årt, Banners and decorations    | Årt, Banners and decorations    | decorations for the special day. |
|             | their names.                    |                                       | for the special day.            | for the special day.            |                                  |
| Zoo Phonics | Letters Åa –Tt , Sounds,        | Letters Åa –Tt , Sounds,              | Letters Åa –Tt , Sounds,        | Letters Åa –Tt , Sounds,        | Letters Åa –Tt, Sounds,          |
|             | Movements, and Talk about       | Movements, and Talk about             | Movements, and Talk             | Movements, and Talk             | Movements, and Talk about        |
|             | things that start with each     | things that start with each           | about things that start         | about things that start         | things that start with each      |
|             | letter.                         | letter.                               | with each letter.               | with each letter.               | letter.                          |

Pre-K Reminder: Take Pictures of the Children on Yalentine's Day with their friends. Have the children glue or double sided tape on the memory page one of the Yalentine Art Projects they create this week and also tape in the Yalentine Photo- the art is their choice to pick a favorite. Note: If you choose to display the art project they want to put in the memory book then the children can glue/tape it into the memory book on Monday when you change out the art boards.

PM Art: Classroom Valentine Banners and other special Valentine Art to decorate your classroom. Ideas: Cut out several hearts of different colors - decorate with markers, glitter, yarn pieces, etc.. let dry. Use these hearts to make a paper plate wreath to take home on Valentine's Day. Also - Create a colorful Heart windsock with long streamers that can blow in the wind. Using colorful Tissue paper squares, squish them and glue them on a heart shaped piece of construction paper to create a puffy heart to hang on your wall at home. Is yours going to be all pink or red or rainbow in colors?

Balance & Coordination: Have fun with your friends. Balance on one foot, switch feet, freeze - how long can you hold your balance? Then play bean bags toss into different targets like hoops on the ground, through hoops standing up and into baskets and back and forth to your friends. Can you toss the beanbag over and under the polls? Let's work on long distance aim tossing into the corners of the classroom. Now it is time for some scarves dancing with friends. Move the scarf up and down, spin around, can you spin it above your head?, Can you spin it around your body by passing it from one had to another? Enjoy this special time with friends. (develop large motor skills, balance and coordination - exercise can be fun)

Placks & Trains: Visit 1: Create a Giant HEART with blocks and dominoes with your classmates—space the close together and once the class is all done creating and everyone is ready—see if you can start a chain reaction with the dominoes and blocks that knocks them all down all the way around the heart. Did it work? If not, problem solve together, make a prototype, test it and rebuild the giant heart all together fixing problems and seeing if what you fixed will help the amazing chain reaction happen. Most of all have fun learning to build and problem solve together as a team.

Visit 2: Valentine's Day in the animal world-use lots of blocks & animals and create a special place for all the animals with your friends.

Kitchen Creation: Let's make Pink and Red play-dough and form hearts, X, O 's. Pinch a piece of dough, roll it out into a long snake like piece of dough and then use the long pieces of dough with each color and twist the two colors together to make an extra special heart. Let dry so you can add a ribbon so you can hand it on the wall. Make the letters O and X for hugs and kisses and practice U, T, S (math, directions, measuring, mixing, fine motor, color)

Library: Valentine Stories about love and friendship. Also read lots of Under the Sea stories about all the animals that live in this beautiful habitat. Read all day at every opportunity – there are books in every classroom and learning center. (build listening skills, story sequencing)

Manipulatives: Sweet Treat Learning-Candy Connector Creations, Cookie Counters and Color Practice, Popsicle Letter Pairings, Building a Whole Pie using 1/4, 1/2, 3/4 Fractions of each pie, Cupcake Shapes, Counting and more....(develop fine motor, math, patterns, sequence & color skills)

Music: Sing Valentine friendship songs like the "I Love You" Barney song and dance to children's music-dance fast, slow, by yourself and with a friend. Add scarves to the Dance session. Take your pulse and feel your heart beating fast as you dance. Then read a Yoga Story or two to de-stress and calm your body- have fun doing all the poses in the book and see how long you can hold the poses before moving on to the next pose. Take your pulse now - can you feel your heart beating slower after doing yoga? Tighten your core/tummy muscles for better balance.

(encourage class participation, build self confidence, teach exercise is fun and promote social and emotional skills-friendship is important)

Science: Science 1: My Heart-What does it do? How does it work? (Learn about the human body, how do I keep my body health?) This is a special lesson where we teach about the organs inside our bodies that make our bodies function properly. Our heart beats constantly and we can feel that beat with our fingers and hear

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it with a stethoscope. We will see what our heart looks like and we will experiment with how it beats - what makes it beat faster? What makes it beat slower? We will read about our heart and discuss healthy foods, regular exercise to keep it strong.

Science 2: Valentine Fun-Family and Friendship, Valentine stories, projects together and watch a Valentines short movie with my friends. This is a special holiday where we can show our friends and family how much we care about them. We hope the children will grow up loving to celebrate this special day with their family, friends and all those they love year after year. We will be celebrating all week with special art projects and creating a special valentine for each of our classmates in addition to the ones some of our friends bring in from home. We will learn what this holiday is all about, when it all started and how different people around the world celebrate it. Well? Do they celebrate it around the world? This is a good question.

#### Dramatic Play Time: Hoppy's General Store, Home and School Lessons:

Let's cook a special Valentine's Day dinner-what will you be cooking? Who are you making your special dinner for?

Hoppy's Home: Don't forget to clean the house. Go shopping to find the perfect ingredients to cook up for this special dinner. Don't forget to plan a special Valentine's Day Dessert. Will you make cookies, cake, or a pie for a sweet Valentine dessert? How many pieces will you need? Work on your fractions as you serve your desserts. Dress up the babies for this special dinner. Decorate the table and set it nicely with plates, bowls, silverware, napkins and glasses. Cook up the dinner, serve and enjoy with your friends. Don't forget to clean everything up nicely and make sure everything is on the shelves or in the bins.

Hoppy's General Store: Go shopping for a special Valentine's Dinner, make sure to pick foods that will keep your body healthy. Shop for vegetables, fruits, breads and grains, dairy products, protein and meats – these are the 5 food groups that our body needs to keep us growing and help us stay healthy. Who will be the Store Manager? The Produce Manager? The Store Clerk that checks the customers out and has them pay for the foods that they buy? Who will be the Store Stockers when it is time to clean up and everything needs to get back on the shelves in the proper order and in the proper areas? We need someone that really knows their food groups and can remember where the foods are stored in the store. Then open the diner and cook all the food you bought at the General Store. Serve your friends for Valentine's Day.

thoppy's School House: This is a very important room for learning and remembering what we learn. Have fun teaching the babies and your friends what you have been learning about in school - have fun playing with felt, gears and magnets that all have learning themes and concepts we are working on in school.

Remember wherever we go around Kids Klub it is important to use your manners, be kind to others, use good hygiene to keep each other safe and healthy and it is also important to have lots of fun and learn lots and lots.

Theater: Wash Hands and let's have a fun game of Hot Potato. Play for as long as you wish. Listen to the rules, listen to the electronic potato or turn on some music and pass away until the music stops. Then have a game of REVERSE charades everyone except 1 classmate is acting out animals in the ocean, then actions like cooking and swimming and then act out anything you wish. How many of your charades can your classmate guess? Take turns being the classmate that gets to guess what everyone is acting out. Have fun!

Child Development Centers

## February Curriculum Owls, Whales and Zebra Classes



#### Joyful Sounds, Hearts, Presidents and Whales - Wow what a Month of Learning!

WEEK 25 Weekly theme: Presidents are Important & Under the Sea - Whales Letter: Uu is for Under the Sea Shape: Star, whale Numbers: 25, 1 - 24 review Colors: Red, white and blue & Blue and Grey Pattern: ÄÄBBCCÄÄBBCC

Daily Circle Time: Our Flag-Pledge of Allegiance, Calendar, Months, Days of the week, Weather, Season, Letters, Numbers, Shapes, Patterns, Our Names, Animals, Vegetables, Fruits – work on all of this in English, Spanish and Mandarin.

Vocabulary and Learning Concepts: What is a President? Who is our President now? Who was our 1st President? George Washington, Who is Abraham Lincoln? Whales are Mammals that live in the sea, What other animals live in the oceans around the world? Taking Care of our Oceans-how can we make a difference?

|             | Monday             | Tuesday   | Wednesday  | Thursday  | Friday   |
|-------------|--------------------|---|--|---|--|
| Årt         | Closed for Holiday | Paint a Red, White<br>and Blue Painting for<br>our President                                    | Make an American<br>flag and the White<br>House where the<br>President Lives                     | Create Paper plate Whale and if time other Animals that live in the Sea with Whales             | Finger Painting Fun with<br>Under the Sea Colors and use<br>you fingers to draw Creatures<br>that live in the Sea. |
| Zoo Phonics | 0                  | Letters Åa –Uu , Sounds,<br>Movements, and Talk<br>about things that start<br>with each letter. | Letters Åa – Uu , Sounds,<br>Movements, and Talk<br>about things that start<br>with each letter. | Letters Åa -Uu , Sounds,<br>Movements, and Talk<br>about things that start<br>with each letter. | Letters Aa - Uu , Sounds,<br>Movements, and Talk about<br>things that start with each<br>letter.                   |

Pre-K Reminder: Have the children glue or double sided tape on the memory page one of the President Art Projects they create this week- the art is their choice. Note: If you choose to display the art project they want to put in the memory book then the children can glue/tape it into the memory book on Monday when you change out the art boards.

PM Art: Under the Sea Art Creations from easel painting to drawing your favorite sea creatures. This week is filled with wonderful works of art made with love that help children learn about the ocean and through this awareness of what is the ocean, how important it is to our planet and to the wonderful animals that live in it, the children also learn to love and care for It all. From crayons, markers, watercolors, easel painting, glitter and spangles, gluing, cutting, creating, 1 dimensional, 2 dimensional and 3 dimensional art project all children's art is beautiful – sometimes art is about the product and other times it is about the process and what they learn and feel along the way that makes it one amazing teaching experience. Don't forget to have the children paint their Playdough creations from Kitchen Creations after they dry, Finger-paint with red and blue, color mixing to make purple. Have fun.

Blocks & Trains: Visit 1: Read a Book about Building something-then Build the letter Ss, Tt, Uu, Xx and Oo. Then build numbers 2 & 5 with blocks-next use a lots of blocks to build a huge whale with your class. What kind of whale do you want to build? Does it have a long sleek body or a big round body? Does it have a big fin like an Orca does or is it a humpback with a small fin on its back. Look at the Whale Models in the Animal Collection and decide as a class which whale you want to design. Visit 2: Read a President of the United States Book and look at the pictures of where the President lives when he is leading the country. The White House is a great structure filled with so much history. Have fun building it all together as a class. How many rooms do you think it has? Who lives in those rooms? How big is the kitchen? Does it have a playroom? What about an office where the President can do all the important work he needs to do. This office in the White House is called the Oval Office. Now: Build the White House where the President lives with wooden blocks and other blocks as needed. Add people that work and live in the white house. What about adding a pet. And some children and anything and anybody else you thing should live and work at the White House. (fine motor skills, design, planning & President's house)

**Palance & Coordination:** Parachute fun using the large parachute with the class — team work, group coordination skills as you toss the ball(s) & beanbags into the air. Can half of you let go and go under while the other half keeps the parachute in the air? Then: switch to the small 2 person parachutes and work together to lift and lower the parachute, wave it and toss a ball or bean bag up into the air. (develop large motor skills, group coordination, following directions, play and movement are fun)

Kitchen Creation: Making a Patriotic Presidential Red, White & Blue Parfait - follow the recipe for this healthy and beautiful treat. Blueberries, Strawberries and Yogurt are all so good for your body. If time permits, make a batch of Play-dough and create as you talk about what the President does and where he lives -create the white house and make an American Flag. Save these creations to dry. Paint them at the next art session if you wish. (following recipe instructions, measuring, shape, colors, pattern recognition, vocabulary building and social skill enhancement)

Library Time: Is all day everyday -Read about President George Washington and Abraham Lincoln. Read Presidential Books like "My Teacher for President" and also continue to read Whale/Under the Sea Books every opportunity you get. Children make connections through stories, songs, and hands-on play. Read at the beginning of the day and the end of the day and at the beginning of every learning center you rotate to so that connections will be made through special types of play that reach each child in different ways. (listening skills, build vocabulary, discuss)

Manipulatives: Lots of Under the Sea puzzles, lacing animals and shapes practice-for more challenge, mix up the pieces of 2 puzzles or more and have the children not only have to sort the pieces but then solve the puzzle, or add one or more mystery piece to the puzzle and have them problem solve to figure out what has happened. Make sure the children help in cleaning up with all pieces of each toy found (develop hand-eye coordination, patterns, math)

Music & Movement: Read a Parade Book and a book about the President: Go on a presidential parade listening to patriotic music and playing instruments loud and soft, slow and fast Make a joyful noise with your friends. Then have a Baby Beluga Hip Hop Dancing to get out heart rates up

Child Development Centers

# February Curriculum Owls, Whales and Zebra Classes



and have fun dancing with your friends - then Freeze and enjoy a little Freeze Dance Game. If time permits, calm your bodies with a a yoga story with poses (learning concept connection with gross motor skills & physical fitness)

Science: Visit 1: Social Science: Learning about the President of the United States: Who are Lincoln & Washington? What did Washington do that was very special for our country, the United States of America? I will give you a hint — it has to do with freedom for Americans. What did President Lincoln do for our country? I will give you a hint it also has to do with freedom for all Americans, and it has to do with equality for all. Where does the President live? What does a president do all day? Do you want to be the President? How do you become the President? Visit 2: Ocean Discovery-First we are going to talk about all of the animals that we have learned about that live in the ocean. Next we will be reading a book or two about living under the sea. We will work on an Under the Sea Puzzle or two together and talk about the animals that we see in the puzzles and books we read together. We will study the model animals and learn their names and a little about each of them. Have fun learn about the animals that live under the Sea.

Dramatic Play Time: Hoppy's General Store, Home and School Lessons: Let's cook a special dinner for the President - what do you think he would like to eat?

Hoppy's General Store: Go shopping, pick out favorite foods you think the President would like to eat for dinner. How will you cook them? Have fun role playing as the Store Manager, Store Clerk, Shelves Stocker and the customer. Can't find the healthy vegetable or fruit you want – ask the produce manager for help. Who will be the Produce Manager? – this person has to know a lot about all the different types of vegetables and fruits.

ttoppy's Diner: Shop at the store, make up the menu, figure out who is the chef, who is a cook helping the chef? Who wants to be the waiter and who wants to be the customers? Set the tables, seat the customers, hand out the menus, take the orders, cook up the orders, serve the orders and then clean up the tables, wash the dishes and put everything away nicely.

At Hoppy's Home: Clean up the House for this important and special dinner guest. How fancy will you dress up? How fancy will you set the table? Figure out the whole dinner menu and decide how you are going to cook the food. Who is cooking? Who is going to serve the food? Talk about what you will say to the President when he knocks on your door for dinner? Clean up the babies and get them dressed for this special dinner. Get their highchair at the table and figure out what the babies will eat. How exciting the President is coming to dinner!

thoppy's School thouse: This is a very important room for learning and remembering what we learn. Have fun teaching the babies and your friends what you have been learning about in school - have fun playing with felt, gears and magnets that all have learning themes and concepts we are working on in school.

Theater: Mime and Stare Time - First - Mime the teacher in slow motion- can you follow your teachers exact movements- arms up, arms down, touch the ground, spin around.... Now pair up with a friend and choose a leader and follow the leaders exact movements - slow motion and then you can speed it up a little. Switch leaders. Next: Staring Contest - How long can you stare at each other before you start laughing? If time permits: Put on a show for the President - what will you say to him? Do you want dance for him, sing for him? What should you wear? What music should you play? Hint: He loves patriotic music and dressing up in red, white and blue costumes too.

Child Development Centers

# February Curriculum Owls, Whales and Zebra Classes



#### Joyful Sounds, Hearts, Presidents and Whales - Wow what a Month of Learning!

Weekly theme: Under the Sea- Whales are Wonderful Letter: Vv is for Valentine, Violin and what comes next? Ww for Whale Numbers: 26, 1 - 25 Color: Blue, Light and Dark Blue Shapes: all shapes & Sea shapes like whale, starfish, seahorse

Pattern: ABB, ABB (Starfish Whale, Starfish, Whale, Whale), Remember a pattern only exists if it is repeated at least twice.

Daily Circle Time: Our Flag-Pledge of Allegiance, Calendar, Months, Days of the week, Weather, Season, Letters, Numbers, Shapes, Patterns, Our Names, Animals, Vegetables, Fruits - Practice in English, Spanish & Mandarin. Weekly Vocabulary and Learning Concepts throughout the center: What is a Whale? Where do whales live? What do they eat? How big is a whale? Do whales migrate during the cold winter months? Why do some whales migrate? Continue Winter, Migration, Sea Animals, Fish vs Sea Mammals (Hair, Breathing, Warm Blood, Live Bobies, Milk) lessons connecting our January and February lessons together.

|         | Monday                        | Tuesday                          | Wednesday                       | Thursday                   | Friday                       |
|---------|-------------------------------|----------------------------------|---------------------------------|----------------------------|------------------------------|
|         | Let's easel paint together on | Make a paper bag puffy Whale     | Create Sea Creatures and        | Oceans, Sea Creatures      | Shaying Cream Ocean          |
| Årt     | a large banner piece of paper | and add it to the easel painted  | plants of the sea, coral,       | and Whales Årt Project-    | Fun and learning. Use your   |
|         | the big light and dark blue   | ocean banner. Do the whales      | shoreline rocks, sand to add to | Teacher Choice – Have      | senses – what does the       |
|         | ocean. What is on the         | swim at the surface or below the | the Class Banner. Be sure to    | fun being creative while   | shaving cream feel like?     |
|         | ground of the ocean? What     | surface of the ocean?            | place in the proper area of the | learning about the oceans, | Look like? Smell like? Can   |
|         | is swimming around in the     |                                  | ocean, at the surface, below    | the whales and the other   | you hear shaving cream?      |
|         | ocean? What is floating on    |                                  | the surface, at the shoreline,  | sea creatures that live    | Shaving cream is NOT for     |
|         | top of the ocean?             |                                  | hanging on some seaweed         | there.                     | eating so let's not taste it |
|         |                               |                                  |                                 |                            | But what do you think it     |
|         |                               | _                                |                                 |                            | tastes like?                 |
| Z∞      | Letters Åa – Ww, Sounds,      | Letters Åa – Ww, Sounds,         | Letters Åa – Ww, Sounds,        | Letters Åa – Ww, Sounds,   | Letters Åa – Ww, Sounds,     |
| Phonics | Movements, and Talk about     | Movements, and Talk about        | Movements, and Talk about       | Movements, and Talk        | Movements, and Talk          |
|         | things that start with each   | things that start with each      | things that start with each     | about things that start    | about things that start      |
|         | letter.                       | letter.                          | letter.                         | with each letter.          | with each letter.            |

Pre-K Reminder: Have the children glue or double sided tape on the memory page one of the Ocean Art Projects they create this week- the art is their choice. Note: If you choose to display the art project they want to put in the memory book then the children can glue/tape it into the memory book on Monday when you change out the art boards.

PM Art: Puffy Paper Bag Under the Sea Animals to add to your class mural, Paper Cup and Pipe Cleaner whales, more paper plate whales of all kinds-blue, orca, belugas, Paper bag Puppet Whale- is your whale a baleen whale with long fibers for filtering water to get food (krill and small fish out of it) or a toothed whale that has lots of teeth? Paint your playdough creations you made in Kitchen Creation.

Balance & Coordination: Under the Sea Obstacle Course: "swim like a fish" using the belly boards to glide alont the obstacle course path. Then, swim up to get some air like a whale then back down into the water to find food. Up and down, use your arms like a humpback whale has as you swim to the next station of the obstacle course. Then go through the underwater tunnels (Standing up hula hoops) and when you get through the set of tunnels carefully balance on the rocky stepping stones with letters and number that make up the underwater pathway all the way back to the belly boards and do it all again. Have fun swimming like whales and under the sea friends of the whales.

Plocks & Trains: Lesson 1: First read an Underwater Sea Animals Book or two and study the habitat the animals live in. Then -Let's build an underwater habitat for all the underwater sea animals we have in the blocks room. Where will they swim to? Where can they hide? Where do all their friends live? Talk about the animals you have, what are their names, what do they like to eat, what sounds to they make? How do they move?

Lesson 2: Domino fun continues—let's line up the dominos in the shape of an underwater sea animal and see if we can cause a chain reaction if we knock the first one over. What do we need to do to make this process happen? How close do we need to put the blocks or dominos? What designs can we make with our blocks and still cause the chain reaction. Have fun trying all kinds of ideas and designs. Discuss what happens, what went right and what went wrong and then problem solve to make it better and better. Then have fun building what you want and adding in all the whales and under the sea animals.

Kitchen Creation: Organic Healthy Fruit Smoothies - follow the directions, add in the healthy ingredients that will help our bodies grow. Measure each ingredient properly and discuss what would happen if we did not follow the recipe correctly? Then: if time permits - Make our own playdough and create a whale and other sea creatures that live under the sea. There are cookie cutters to make cute sea animal shapes and if you wish to add a ribbon to hand these creations up after they dry then do not forget to use a straw or stick to carefully poke a hole in the top of the animals far enough from the edge but not too far so it hangs nicely but is strong enough to not break. You can also make 3d creatures if you wish. Roll the dough into bodies and heads and tails, flippers and don't forget the special dorsal fins on the whales backs. Have fun creating as many sea creatures as you can - whales, fish, starfish and more. Let your creation dry and paint them at a later art session. Put all of your creations together with your friends to create a special under the sea scene to put on display at Kids Klub.

Library Time: Kids Klub is filled with books everywhere in every learning center. Read Under the Sea and Whale Books - stop along the way to review vocabulary and ask questions. Enjoy these reading times and discussions all throughout your day incorporating the lessons and themes into everything the children are doing from making playdough to building with blocks - these are all opportunities to teach and make connections in all types of learner. Read at Circle Time, before each learning lesson, at snack time, lunchtime & right before naptime. End your day with stories and discuss about what you have learned from all the books you have read during each day. Build on & connect themes from week to week. As our Winter Season continues with colder weather, we continue our lessons and look forward to the coming of Spring and the special magic that comes with the warmth.

Child Development Centers

# February Curriculum Owls, Whales and Zebra Classes



Puzzles & Manipulatives Under the Sea and Whales - This week we will be using Linking and stacking small motor skill toys with an under the sea theme to them. Play, sorting, counting and pattern making will be connected. We will also be using our Under the Sea puzzles for problem solving, spatial skill building as well as themed concepts based on each puzzle. Help the children identify what is on their puzzles. This builds new vocabulary as they problem solve the puzzle. For greater challenge, mix up more than one puzzles pieces and have the children figure out which pieces go with what puzzle. Lots of brain development of the "math" connection kind will surely be happening. Most of all-math learning will be fun!

Music & Movement: Start off the session by reading a story about whales and under the sea creatures and then have the children role out their yaga mats.

Reading a yaga story and doing the poses will build strength and balance. Then have an under the sea dance party - put on some fun music and have the children move like they are swimming under the sea. Pretend to be sea creatures as you dance and have fun with your friends. Moving your body is good for your body. Then if time permits, play Freeze Dance. Have fun!

Science 1: Whales are Wonderful Discovery Box - where do whales live? What do whales eat? How much does a whale have to eat? How big is a whale? What kind of whales are there in our oceans? These are all questions that will be answered by going through the Whales are Wonderful Discovery box. Children will learn how many feet they are long and compare this to the size of the Orca Whale, the Humpback Whale and the humungous Blue Whale that grows to 100 feet long. The children will be out in the hard yard rolling out butcher paper in all of these different lengths and comparing and contrasting themselves to whales. From habitats to measurements, the topic of comparing and contrasting will be covered in many ways. What do we have in common with whales? What are our differences? We are both mammals with many similarities and we both live in very different habitats and live very different types of lives.

Science 2: All About Whales Science Video - While I would sure like to bring a whale to class to share with the children, we surely can't do that so we will be learning all about whales through our science videos watching real whales swim, eat, make sounds, breach, spy-hop, and learn about their migration patterns that continue our lessons about Animals in Winter and how they cope with the harsh weather environments they live in. I can't wait for the children to see these whales swimming in the ocean, carring for and teaching their young and understanding through this magnificent photography what their ocean habitat life is like.

Dramatic Play Time: Hoppy's General Store, Home and School Lessons: Let's cook dinner and clean the house. When visiting Hoppy's General Store shop for healthy foods to keep your body healthy and strong. Share what you are shopping for. Use the diner, set the table – where do the plate, bowl, glass and silverware go? How are you going to cook the food you picked out at the market? Cook the food and serve it to our friends. Used your manners and have fun cooking for your friends. At Hoppy's Home – have fun role playing, cleaning and caring for the babies. What kind of weather are we having today? How should we dress the babies? Have fun playing with them. Read the babies stories about Under the Sea Animals. At Hoppy's Schoolhouse – teach the babies and your friends about all the things you are learning at Kids Klub. Tell them about whales and other animals that live under the sea. Use the under the sea felt pieces to tell your story. Read a book to your friends and the baby dolls. Have fun role playing, learning life skills, pretending, teaching and playing with your friends.

Theater: Puppet Theater time - get out the theater, get out the puppets and have fun putting on a puppet show with all your friends. Have the children use the puppets to talk about whales and other creatures and that live in the sea. Put on a puppet show - is your puppet friends of a whale? Where does you puppet live? How do they talk to the friend the whale? Take turns being the puppet or group of puppets performing in the puppet theater.