

Happy New Year! In the month of January we will be welcoming in the New Year and exploring the wonders of winter through Science, Technology, Engineering, Math and of course Årt – It is Full STEÅM ahead at Kids Klub. 2025 is going to be amazing, fun and full of learning and the theme of friendship will fill each week. Our fully integrated curriculum starts with a lesson introduction in Circle Time and the children get to learn more and more about particular subjects all throughout their days and weeks moving from one learning center to the next. By presenting a particular lesson in many types of teaching ways, through literature, art, science, building with blocks, playing on the playground, during music and movement and even in our theater time, each child has an opportunity to grasp the concept and then fully understand it in the way they learn best. Each child learns differently and at Kids Klub each child has the opportunity to learn in the different learning centers, doing the learning activity that teaches them the best.

Your children will be reviewing the letters Åa-Oo which they learned in the first months of this school year and will be working on the letters Pp, Qq, Rr this month for our weekly language arts focus. Letters, phonics and reading skills will be built throughout Kids Klub in library time which happens throughout each day starting at Circle Time as well as before or after each learning experience, at snack time and even lunchtime as well as right before naptime and at the end of the day. This month we will enhancing pre-reading skills in major ways as we focus on Rhythm, Beat, Tempo, Volume and Melody as the children learn they can make joyful noises with their singing voices, musical instruments and everyday objects that all make their own unique sounds. The children will also build vocabulary and reading skills during our science classes, music and movement time as we incorporate Yoga Stories and poses into our movement lessons and learn rhythm and beat, the precursor to reading, as we listen and move to music. Kitchen creation sessions, Hoppy's Home, Hoppy's General Store and Hoppy's School playtime, all offer many opportunities and experiences for vocabulary building as the children express themselves throughout their activities and as our amazing teachers expand lessons by asking questions that require thought and planning to answer or they create challenges that need to be solved individually or as a group. As the teachers set up the learning scene for each lesson the opportunity for making connections to lessons and concepts this month, tying previous lessons together, building vocabulary through role play emerges. The children will also have an opportunity to set lessons they are learning throughout the center into permanent memory as they pretend to be teachers and re-teach the baby dolls and their friends in the schoolhouse play about all they are learning at Kids Klub. This is a very valuable life-skill that will serve them well all throughout their academic, work and home life far into the future.

We will be reviewing our numbers 1-10 for our 2 year olds, 1-18 learning 19, 20 for our 3 year olds and advancing to even higher numbers with our 4 year olds classes as we continue with 21, and 22 by end of month. Our math lessons will continue throughout Kids Klub as your children explore puzzles to build our spatial skills & play with many different types of manipulatives to strengthen our fine motor skills as well as build basic math skills as we sort, stack, pattern, group, add and subtract the manipulative toys throughout our playtime. In Kitchen Creations we continue our math lessons as we talk about measuring, increasing and decreasing the recipe size, fractioning out the snacks or dough we make and designing and building all types of dough creations as well as letters and numbers. Science gives us many opportunities for our math skills to be developed, advanced and used as we count, graph, sort and group whatever we are studying about each week. Measuring, scooping, counting, working with large and small buckets and creating give us math opportunities in the Sandbox and in Blocks and Trains where we are always counting, stacking, adding and subtracting in our learning sessions as we build towers and communities and use our spatial, design and planning skills. The children strengthen their math skills as they shop in the Grocery Store, checking out and "paying" for their chosen food items. They also strengthen their math skills cooking in the kitchen and serving up meals to their friends and family. Pizza and pie is always a favorite and they learn whole, half, quarters and even 6ths and 8ths as they divide the pizza pies into servings. Math is all around us at Kids Klub and we build math skills and knowledge all throughout our day.

The children will be creating wonderful works of art surrounding the theme of winter and the New Year. They will be designing 3 dimensional snowflakes with pipe cleaners and popsicle sticks as well as different types of paper - unique and beautiful each and every way they are formed, snowflakes are a creation of nature filled with patterns, shapes, angles, symmetry and glistening beauty. The children will also be learning about and creating Arctic and Antarctic landscapes along with polar bears, penguins, arctic foxes and other animals that survive and thrive in the harsh environments of the Arctic and Antarctic. Did you know that Polar Bears only live above the equator in the Northern Hemisphere and Penguins only live below the equator in the Southern hemisphere. Friendship quilts will be a focus in honor of Dr. Martin Luther King Jr. as we learn to all get along together, helping and supporting each other, caring for each other and learning what it means to truly be a friend. Creating their friendship square on paper with lots of details and décor and then lacing it to the rest of the class' squares to form a quilt that then gets joined with the whole school's quilt is quite a beautiful masterpiece. Our art sessions will teach many beautiful lessons and be filled with creativity and self expression while also reinforcing our weekly and monthly themes and learning concepts. When the children experience Kitchen Creation they will be learning and building self confidence that will help them care for themselves as they learn to follow directions, follow a recipe, measure out their own ingredients, mix and make their own playdough and then create glorious polar bears

## Kids Klub January Curriculum



#### Child Development Centers

# The Owl. The Whales and The Zebra Classes

and penguins, snow cones, igloos and icebergs and more. Art reinforces all that we are learning at Kids Klub each week or month and children that learn best through art find understanding of learning concepts at a deep level as they create.

Our Science focus this month is the Season of Winter; the weather that comes in winter; how to care for our bodies in the cold and studying all about how animals around our world live through the winter months. We will focus both on the Arctic and Antarctic and the Polar Bears and Penguins that live on the ice in these regions of the world. Funny Penguins of the Antarctic that waddle when they walk and the big beautiful Polar Bear that lives on the Arctic ice will fill our science lessons with wonder and amazement as your children learn about the habitats these animals live in; what and why these animals look like; what their babies look like and what sounds they make. We will talk about how we can make a difference here at home to help preserve the beautiful Arctic and Antarctic and all the animals that live there. It is truly a magical month of learning all about the natural world. In addition, this month's science will be full of different hands-on learning experiences and interesting lessons about different types of animals and how they navigate winter weather through hibernation, migration or weathering the cold weather with extra fur, blubber or other means of keeping warm. We will also be introducing the lesson of camouflage and how the coloring of animals helps protect them. We will be heading outside to observe and study pine trees, pine needles and pine cones and learning about how evergreens stay green all year long where other plants and trees turn colors in the Fall and lose their leaves.

In Social Science Lessons this month the children will also be making Friendship Crafts in honor of Dr. Martin Luther King and learning how to measure and count as they make friendship pasta necklaces. They will be learning about cultural diversity, equality, freedom for all and peace as we read about and honor Dr. Martin Luther King life and the powerful I Have A Dream speech. Just a reminder, Kids Klub will be closed in observance of Dr. Martin Luther Kina's Birthday.

Our special International Celebration week will end the month with joy and will be filled with beautiful and valuable curriculum lessons. The children will learn about diverse cultures from around the world "visiting" the other 6 continents of Europe, North and South America, Australia, Africa and Asia now that they have completed their big "visit" to the 7th continent Antarctica and learning all about the Penguins, Seals, Whales and Scientists that live there. The children will experience this by locating these countries on a map, looking at a globe, listening to stories, singing songs from around the world, learning dances, seeing special clothing and costumes from other parts of the world, participating in international art projects and tasting special foods that other cultures eat regularly. The children will see the similarities and differences of how people live and celebrate all around the world. At Kids Klub we try to continue these lessons throughout the year celebrating each child's special traditions from home and learning how the rest of the world lives, eats, learns and celebrates. Kids Klub is always celebrating the uniqueness of each and every child and honoring their culture and traditions. We love when families share with us their special celebrations and traditions and we all learn from this sharing.

Please take time to review your child's learning experience at Kids Klub and use this information to further the learning experience at home. Ask specific questions about each day and let your child share the exciting day they had at school. We hope you enjoy reading about what your child will be learning each and every day at Kids Klub.

Bambi Wojciechowski Curriculum Director

January Curriculum



# The Owl, The Whales and The Zebra Classes



#### Monthly theme: It's a New Year and the Wonders of Winter

WEEK 19 Weekly theme: Winter and Animals in winter Letters: Review Aa - Oo, Aa is for Arctic and Antarctic Numbers: 19, 1-18 review Color: White and Icy Blue Shape: Snowflake Pattern: Review ABAB and this week is AABB, AABB

Daily Circle Time: Flag salute (English), Review week -weather, calendar, numbers, letters, fruits/vegetables, seasons, months, colors, shapes, songs, and animals (English and Spanish), The 4 Seasons-comparing and contrasting as we move from Fall into Winter. Temperature, hot/cold, thermometer, hat, mittens, snowmen, hibernation, and miaration Review Classroom Rules and Expectations. (2004 Hypiene, Classroom and School Manners, Safety Review

	Monday	Tuesday	Wednesday	Thursday	Friday
Årt	Snowflake crafts:	Three dimensional	Shaving cream, glue and	Q-tip painting an igloo	Creating a polar bear,
	coffee filters cutting and	snowflakes with pipe	glitter "Snow and Iceberg"	square by square. Ådd	snowflakes and snowmen
	glitter art, cotton balls and	cleaners. Long and short	creations- what does the	snowflakes in the sky and	with cotton balls
	glue, popsicle sticks – glue,	pieces of pipe cleaner to	Arctic & Antarctic look like?	other creations that live in	New art media - how
	glitter and jewels,	create the snowflake	Let this "habitat" dry so we	the snow.	creative can we be?
	Creativity & symmetry	shape. À Creative	can add dough penguins and		
		Symmetry Lesson	polar bears and other Årctic		
			and Antarctic Animals to it		
Zoo Phonics	Review Letter Åa-Oo	Review, Letter Åa-Oo	Review Letters Åa – Oo	Review Letters Åa – Oo	Review Letters Åa – Oo

PM Art: Snowflake art using coffee filters and adding glitter to make them sparkly. Finger Paint a Snow Storm using white paint & glitter on icy blue paper. Make a Snowman. Create Paper plate Polar Bears, Winter Art of all kinds. Snowflakes, ice cubes, icebergs, Polar Bears and snowmen - we love winter and all the fun that comes with it.

Balance & Winter Wonders Obstacle Course for Large Motor skills and fun exercising of the body: Crawl through igloo "tunnels" and slide Coordination: Winter Wonders Obstacle Course for Large Motor skills and fun exercising of the body: Crawl through igloo "tunnels" and slide on "ice" on your belly, hop in the ring "leebergs" from iceberg to iceberg, balance on the snow-covered balance beams – a fun and crazy winter obstacle courses to go round and round on with my class exercising my body, building up my coordination and strengthening my large muscles. Then - have an "ice cube" in the spoon relay race walking as fast as you can without dropping the "ice".

**Blocks & Lesson 1:** Ice Blocks Fun: Plan and Build block habitats in the winter weather - snow and ice- "igloos" and warm caves for animals that live there- **Trains:** plan how to stack the blocks to make a cave or an igloo- get out the animals and sort them into those animals that live in the snow and ice. People also live in the snow and ice regions of the world and we have winter activities we participate in. Add to your Igloo building project a place participate in winter activities like ice skating, hockey on the ice, skiing, snowboarding, riding on snow mobiles, tubing on the ice. Discuss which animals live in snow and ice all year and which animals live in habitats where the snow and ice come with the Season of Winter?

Lesson 2: Build Arctic and Antarctic habitats for the Polar Bear, Penguins and Eskimos-build with your whole class using lee Blocks and ley Magna Tiles. \*Block Building is a perfect STEAM exercise letting children Think, Plan, Collaborate, Create, Problem Solve and see Cause and Effect first hand. The role of the teacher is to help them have to think- create challenges to overcome and problems to solve.

Dramatic Play Time: Hoppy's General Store, Home and School Lessons: For the Store, Home and School 1<sup>et</sup> Start with a Winter Season Book and Circle Time Discussion -talk about the Winter Season and how we change how we live when the weather gets colder? Do we change what we wear? Do we change what we eat and drink? What about change inside our homes? Do we turn on our heaters; put warmer sheets on our beds, use blankets and burn wood in a fireplace if we have one? Why do we do this? After this discussion, have fun shopping for ingredients to "cook" a winter meal and caring for the babies by dressing them in winter clothing and wrapping them in a warm blanket. Cook healthy meals with fruits, vegetables, proteins and dairy. At School-Teach the babies all about what you are learning use the Arctic Polar Region Felt Figures to talk about winter and the animals that live in the cold. Practice your manners when you sit down to "eat" your meals. Clean and use good hygiene and teach the babies how to wash their hands, cover their mouths when they cough to keep everyone healthy. Have fun role modeling, learning life skills, pretending and playing with your friends.

**Kitchen Creation:** The children will wash hands first & then make a sparkly batch of "snow" dough white with blue glitter. They will talk about measuring and amounts of ingredients needed to make a batch of dough for your class and how much you need if you are making your own batch in your own bowl. What is the recipe? What is a recipe? What are the steps to follow to make your own batch of playdough? Everyone can mix up their own ingredients with their fingers and then have fun creating sparkly snow creations like snowflakes, snowmen, icebergs, igloos and more. The children will let your creations dry and there will be no need to paint before they go home as the dough will be white as snow and the creation they will make are white animals, objects like icebergs, igloos, snowmen and even snowflakes. They will glisten with icy blue glitter. (measuring, fine motor skills, creativity)

Library Time: We will be reading lots of Winter Stories, Pine Tree and Forest Books, Animals in winter and other fun Winter stories all throughout the Day one or two or more at Circle Time and these stories will help connect several of the learning concepts and themes new and old. We will be reading at least one story before each learning lesson as the children rotate around the center and connect it to what is about to take place in the learning center they are at. We will be reading at snack time, lunchtime and right before naptime. And the children's day should end with stories, songs and discussions about what we have learned from all the books and learning centers visited that day and all week long. We will connect our annual themes like Community Helpers and Careers, Animals Kingdoms, Exploration of New Places around the Globe every chance we have as well as connect the month to month themes that transition right into the next lesson. For example Summer, Fall to Winter and Evergreen Trees versus trees that drop their leaves called Deciduous Trees.

Puzzles & Manipulatives: Solve Winter Puzzles, practice patterns and counting with linking manipulatives, improve fine motor skills with thistle blocks and other fine motor building creations. Sorting, organizing, grouping are all important parts of the lessons learned in this learning center so the children will be an active part of the clean up process in each learning center – counting, grouping, sorting and putting everything back properly in its place and ready for

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#### Child Development Centers

## The Owl, The Whales and The Zebra Classes

the next class. Puzzles need to be completely put back together with all pieces in place and the children will learn how to put them back in the puzzle racks or properly stack them on the puzzle shelves. Important life lessons are learned during all of the clean-up times.

Music & Movement: Read a Snowball Story Book and have some fun with our puffy snowballs – turn on some music and play snowball basketball with the snowballs and practice aim. Have a competition to see how many snowballs you can toss into the Yoga Mat basket? Put some hula hoops on the floor and practice tossing the snowballs into the hoops. Get the ball toss boards from Balance and Coordination and try to get the snowballs into the holes. Then play snowball Hot Potato or should we say Cold Snowball. Put on the music, pass the snowball and when the music stops the one holding the snowball on the sidelines until there is only 1 child left. Then end the session with Deep Breathing – Close your eyes and pretend your class is all out in the snow and you can feel the cold air as you take a deep breath in. Then exhale slowly and deeply and repeat. If time permits, put on some music and dance dance dance.

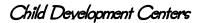
**Science 1:** Evergreen Trees versus Deciduous Trees that lose their leaves – let's go outside and hands on learn after we read a book about trees and discuss. Bring your tree rubbing paper and crayons with you. Use 5 Senses going on a Nature Walk Outside to study the Evergreen Trees. How do you know which tree is an evergreen tree? What color is it? Study the leaves on the oak and maple trees and then study the "leaves" or pine needles on the pine trees. How do they differ? What do they feel like? "Smush" the needles around in your fingers. Now smell the needles and your fingers – what does pine needles smell like? Study with your eyes- what does a pine needle look like? How does a pine needle differ from a leaf? How is it the same? As you are outside using your senses – don't forget to use your ears – what does an evergreen tree sound like? Now compare the shape of the trees, what shape do you see an evergreen tree to be? Triangle? Step back so you can see the whole tree. How does this shape differ from other types of trees in the yard? Now touch the tree – feel the bark on the trunk of the tree? What does the bark feel and look like? What color is it? Is it rough or smooth? Use your paper and crayons to do a bark rubbing on different types of trees. How does one trees bark rubbing differ from another tree? Rough and Smooth are concepts to discuss. Look at the branches and what other items are parts of the tree like pinecones? What is a pinecone? Why do evergreen trees make pinecones? What things do other types of trees make when they form their seeds? Now talk about what animals may live in our Kids Klub trees? Can you find signs of where animals live in our trees? Are there still leaves on some of the trees? Do all trees lose their leaves? Does Kids Klub have Evergreen trees in their yard? How do you know? Which trees are deciduous trees and which are evergreen?

Science 2: Animals in Winter Science Video - 1<sup>st</sup> read one of the Animals in Winter books with your children and then start the science video so the children can see the actual animals they are learning about. Learn about animals that live in the harsh habitat of ice and snow and really cold temperatures. Learn the names of the animals and which animals go on living each day in the snow while other animals decide to leave the snow and "migrate" to warmer temperatures while other animals go into caves or dens and hibernate through the many cold months. What does Migrate and Hibernate mean?

**Theater:** Time to act out all the animals that live in the snow - take turns and see if your classmates can guess which animal you are acting out. Does your animal hibernate? Migrate? Or find ways to stay warm as they live in the snow year around? Next pick your favorite animal and pretend to play in the snow. How does it walk in the snow? Can it climb mountains? Trees? (build self confidence -practice dressing/undressing)



January Curriculum



# The Owl, The Whales and The Zebra Classes



Monthly theme: It's a New Year and the Wonders of Winter

WEEK20 Weekly theme: Penguins are funny! Letter: Pp is for Penguin, review Åa-Oo Number: 20, 1-19 review Shape: Oval Color: Black & White (review and contrast) Pattern: Review ÅBÅB and ÅÅBB, ÅÅBB with different objects

Daily Circle: Flag salute (English), calendar, Letters, numbers, fruits/vegetables, seasons, months, weather, colors, shapes, songs, and animals (English and Spanish), Zoo Phonics, Review Classroom Rules, Manners and Expectations throughout your day, Introduce Penguins and their Habitat- only live below the equator in the Southern Hemisphere, Most Penguins live in Antarctica, Continue Animals in Winter

	Monday	Tuesday	Wednesday	Thursday	Friday
	Cut out black, white &	Using White, Black and	Draw a penguin on paper	Make a stuffed paper bag	Make a penguin crown, headband
Årt	orange oyals, triangles,	Orange Åir-dry(approx 24 hrs	and then turn it into a	penguin that stands up.	or hat. Ådd glitter, sparkles,
	circles and other shapes in	to dry) clay, create small	puzzle by cutting it into	Supplies have been	jewels like the ice and icebergs
	different sizes make a	penguin(s) to add to the class	20 pieces. Number each	ordered. Dress him up with	sparkle in the Arctic and
	paper bag penguin puppet.	shaving cream habitat you	piece on the back. Try	a paper hat and a scarf.	Ántarctic lcy Habitat
	Check on your Shaving	made last week. Distinguish	putting the whole penguin		
	Cream Arctic and	Arctic (North Pole) and	picture back together		
	Antarctic Habitat you	Antarctic(South Pole) in your			
	created last week - add	habitat and properly place			
	more shaving cream glue	animals that live in these			
	and glitter as needed.	specific regions of our planet.	1		
Zoo Phonics	Pp is for PeeWee	Pp is for PeeWee Penguin	Pp is for PeeWee	Pp is for PeeWee	Pp is for PeeWee Penguin
	Penguin Letters Aa - Pp	Letters Åa – Pp	Penguin Letters Åa- Pp	Penguin Letters Åa – Pp	Letters Åa - Pp

PM Art: If needed, use this art time to continue working on Decorating your New Recipe Box to take home and put your weekly recipes in. Then enjoy some Easel Painting a Penguin in a Winter Scene. Drawing and creating a picture of you doing some of your favorite winter activities, Penguin Art

Balance & Coordination: Outside if Weather Permits - We are a Penguin - Let's try to carry "eggs" on our feet. Practice and then have a relay race-if you drop the egg pick it up and go to the back of the line and try again. Have fun. Next we can only waddle when we walk like a penguin everywhere we go. Make a path and waddle all around it. How fast can you go without falling down? How do other animals walk? Pretend to be other animals and walk on the path? On two feet? On four feet? Pretend Flying? Swimming? Pick your favorite animal and have a relay race once you have practiced these skills.

Blocks & Trains: Lesson 1: Block Building is a perfect STEAM exercise letting children Think, Plan, Collaborate, Create, Problem Solve and see Cause and Effect first hand. Read an Antarctic Book to inspire them and then let them Create an Antarctic Habitat with blocks of all kinds. Let them know that Scientists are always living in Science Stations in this region studying the ice, weather and animals (Penguins, Seals and Whales) that live there. Have them add a Science Station for them to stay at during their visit. Add Yehicles to help the Scientists get around on the ice and in the water and of course add some Animals too. Sort out all of the polar animals -talk about what is their Biome or region of the planet earth they usually live and what is their local habitat like if they were not visiting the Antarctic today. Have fun with the children pretending to be on an expedition to study the animals of these regions of our world. (sharing and cooperative play)

Lesson 2: Blocks and Polar Animals - let the children use their imagination and all that they are learning to build on their own the Arctic and Antarctic imagination and create ways for the animals to get from one iceberg to the next -plan, create, problem solve with your friends.

Dramatic Play Time: Hoppy's General Store, Home and School Lessons: Circle Time Discussion: Read a Winter Book and continue our lessons about the Winter Season and how we change how we live when the weather gets colder? Do we change what we wear? Do we change what we eat and drink? What about change inside our homes? Do we turn on our heaters; put warmer sheets on our beds, use blankets and burn wood in a fireplace if we have one? Why do we do this? After this discussion, have fun shopping for ingredients to "cook" a winter meal and caring for the babies by dressing them in winter clothing and wrapping them in a warm blanket. Cook healthy meals with fruits, vegetables, proteins and dairy. Teach the babies all about what you are learning in school and practice your manners when you sit down to "eat" your meals. Have fun role modeling, learning life skills, pretending and playing with your friends.

Kitchen Creation: Decorate your New Recipe Box - paint, glitter, stickers that feature cooking utensils and special foods will surely make it a wonderful keepsake for each of our families. Each week the children will bring home recipes they have learned to make and add them to the Kids Klub recipe box. If time permits, Wash hands first & then it is Playdough mixing time - Lets make a batch of dough. Talk about measuring and amounts of ingredients needed to make a batch of dough for your class and how much do you need if you are making your own batch in your own bowl. Everyone can mix up their own ingredients with their fingers and then have fun creating some animals that live in the Antarctic. Make a Penguin. Let your creations dry and paint them during afternoon art. We will be adding our Penguins to our sparkly shaving cream Antarctic and Arctic Creations. (Math, Art and Science lessons combined)

Library Time: Kide Klub is filled with books everywhere in every learning center. Continue to Read Winter Stories, Pine Tree and Forest Books, Animals in winter and add in specific books about the Antarctic this week and compare and contrast what you are reading about different animals, weather, how the animals and people adapt to the winter weather and what the landscape looks like. Enjoy these reading times and discussions all throughout your day incorporating the lessons and themes into everything the children are doing from making playdough to building with blocks - these are all opportunities to teach and make connections in all types of learner. Read at Circle Time, before each learning lesson, at snack time, lunchtime & right before naptime. End your day with stories and discuss about what you have learned from all the books you have read during each day. Build on & connect themes from week to week.

**Puzzles & Manipulatives:** Manipulatives are meant to be touched, moved, and handled to allow children to build math skills and solidify understanding. Young children need very concrete real objects to learn from and using more than one object/manipulative set helps your children understand the concept more deeply. Teach the children weight lessons using our Penguin Scale – the weight of the numbers added up will balance on the other side with the correct answer. Have fun weighing and doing addition and subtraction lessons. Also use the Penguin balancing figurines and other polar region toys we have to connect our polar lessons with all that we are learning. Counting, sorting, patterning, adding and subtracting all come to life with manipulatives. Let children explore and play with the manipulatives first then give them a problem to solve or pattern to build. This week Solve Puzzles to build spatial and problem solving skills – with the older children – mix two sets of pieces from 2 different puzzles and have them solve both puzzles at the same time to add extra challenge to their problem solving and spatial skills, practice patterns with multiple teaching toys, work on counting as you build the patterns with them.

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# Child Development Centers

Kids Klub

## The Owl, The Whales and The Zebra Classes

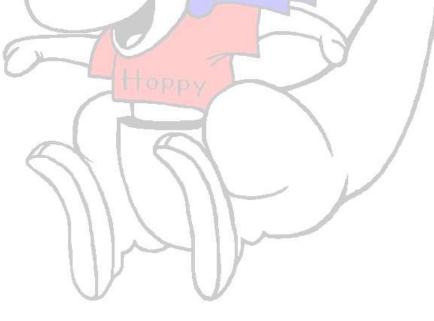
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**Music & Movement:** Outside if weather permits - bring the basket of yoga mats - with all this stress in our world - let's relax first by reading a Yoga Story with everyone on their own yoga mat. Breathe slow and deep-and Go through all the Poses in the Yoga Story or two you have chosen. Then, have each child try to roll their own mat up - this is good motor skill building and teaches them to clean-up and care for their things. Then it is arctic fun time as the children take turns aiming the balls to knock down the "lce Cubes and lce Blocks with the barrels of fish and the cute little penguins on top. 2 tries and then have that child set it all up again however they wish and let the next child take 2 throws to try and knock it down. If they get it on first try, have them toss the ball the second time and practice aiming at something they choose. Coordination building at its fun-est! Then it is follow the leader time around the yard or room - each child gets to lead the group for a few minutes then have them head to the back of the line and the next child leads the line. No stopping - it keeps going and going until it is time to move on your next lesson. The children can lead around the yard over and under things, in fun dance moves, stop to do exercise moves like jumping jacks or even sit-ups or whatever their imagination wants them to do and have their friends do along with them during their turn. Teachers lead the way and show them a bunch of fun and funny options. Role modeling at its finest the sillier you are the better this lesson will become.

<u>Science 1</u>: Penguins are Funny! Today you will be learning all about Penguins and pretending to be one, You will learn about their habitat, what they eat, how they build nests, care for their eggs, where they live and find food and more. You will learn about the Southern Hemisphere or bottom half of the earth and what the Weather is like there. Some Penguins live in the harshest weather location on the whole planet all the way down on the bottom of the earth on the continent of Antarctica where it is really cold but some Penguins live in the tropical Galapagos islands where it is warm. Penguins come in all sorts of shapes, sizes and colors – there are 18 different kinds of Penguins with the smallest Penguin only 10 inches tall and weighing only 2 pounds to the largest Penguin growing to almost 4 feet tall and weighing as much as 90 pounds. Watching Penguins is so fun. Penguins don't fly in the air like other birds even though they have wings and feathers like other birds but they sure do "fly" in the water. They are so fast as they swim and hunt for food. Have fun waddling like a penguin, seeing how many fish you can catch just like they do in the ocean, and can you carry an egg on your feet just like Penguins do – we will see in your relay race during Science.

<u>Science 2: Penguins are Funny!</u>: Learn about animals that live in the harsh habitat of ice and snow and really cold temperatures, have their babies on the ice and walk long distances to jump in the ocean and fish for food. Some Penguins live like this and other Penguins like the warmer climate but all Penguins live in the Southern Hernisphere. Build Vocabulary, See photography of real animals and watch how they live, listen to them communicate, and learn all about the way they live. I sure wish we could bring a live Penguin into Kids Klub but that is not possible so thank goodness for educational science videos that let us learn with our eyes and ears. We will be stopping the science video along the way if the children have questions or we want to reinforce a concept.

Theater: Practice your penguin walk, can you waddle, carry an egg on your feet and dance like Mumble in the movie Happy Feet? Put on a Penguin Show with each child being the "star" on the "stage" for a moment showing off their Happy Feet moves. Have the class then try their moves. Have a Penguin Dance Party and then dance like your favorite animals that you have been learning about. (Self-esteem building and solidifying learning themes all in the course of a few dance moves)



January Curriculum



# The Owl. The Whales and The Zebra Classes



Monthly theme: It's a New Year and the Wonders of Winter

WEEK 21 Weekly theme: "I Have a Dream" Letter: Qq and Aa-Qq review Shape: Circles and Oval (compare and contrast) Color: Metallic Colors, Gold

Number: 21, 1-20 review Pattern: ÅÅBBCC, ÅÅBBCC

Circle Time: Flag salute (English), calendar, letters, numbers, colors, patterns, shapes, months, seasons, fruits/vegetables, songs, and animals (English and Spanish), sight words, Zoo Phonics, calendar, colors, shapes, names, numbers, ABC's, Dr. Martin Luther King Jr.'s birthday, Arctic and Antarctic animals, northern and southern hemisphere on globe, north and south pole, camouflage, evergreen trees, polar bears in northern hemisphere and penguins in southern hemisphere, hot and cold, snow and ice, sparkly, silver and aold

	Monday	Tuesday	Wednesday	Thursday	Friday
Creative		Peaceful painting with	In Honor of Martin Luther	Begin Yarn Lacing the	Polar Bear Creations with
Årt		Watercolors - paint something that	King Jr. Friendship (paper)	Friendship Quilts with my	different types of materials.
		makes you feel safe and at peace.	Quilts with your class and	class and put together with	paper plates, tissue paper
		Paint a picture for one of your	whole school & Easel	whole school.	squares, torn paper pieces,
		friends. Share, support one	painting a picture together		Cotton Balls, and pompoms.
		another, care about all your	with a friend -		How many different bears can
		friends. Start Friendship Paper	**make 2 so each child can		you make? Friendship Quilts
		Square Art for Quilt w/ your class.	take one home,		Completion
Zoo Phonics		Qq is for Queeny Quail Letters	Qq is for Queeny Quail	Qq is for Queeny Quail	Qq is for Queeny Quail
	1	Åa – Qq, Sounds, Movements, Talk	Letters Åa – Qq, Sounds,	Letters Åa – Qq, Sounds,	Letters Åa – Qq, Sounds,
	- E	about things that start with each	Movements, Talk about things	Movements, Talk about things	Movements, Talk about things
	T: 11: 0	letter.	that start with each letter.	that start with each letter.	that start with each letter.

PM Art: Continue Friendship Quilt Individual art "squares" - have each child make 2 if possible -one to take home and one that goes into the quilt that will be displayed at the center. Then work on friendship pasta necklaces using lots of colored pasta and yarn-practice patterns through creation and then other friendship art.

Balance & Coordination: Martin Luther King Jr. wanted peace and acceptance for all. In his honor we are going to enjoy a cooperation activity where we have to all work together for it to work well and for all to have fun . Parachute play and fun with my class - Outside if Weather Permits - Discuss what a parachute is & what parachutes are used for in real life. Parachutes are soft cloth usually made of nylon and when lifted up and then lowered the underneath fills with air and the parachute billows and slowly descends. Parachutes enhance so many areas of early childhood development starting with cooperative play, social interaction, gross and fine motor skill development, coordination skills, language and vocabulary development, following directions, 1, 2 and 3 step sets of directions, problem solving skills, and Science lessons that include predicting what will happen, wind movement & lift. Lift up, lower down, add objects to the middle like a ball, stuffed animal and see how long the children can keep the object on the parachute. Can we work together to toss the object into the air? Give each child a number or letter and then call out a letter or 2 or more and those children get to run under when the parachute is in the air. Use bean bags or balls - toss 1 then 2 and so on and predict what will happen as you add more and more and try to toss them in the air. There will also be partner parachutes to be played with by 2 children to try to do things they want to cooperate and do with the parachute. Get creative with the parachutes and have fun with Parachute Cooperative Play in honor of Martin Luther King Jr. and his special Dream that changed the world.

Blacks & Trains: Lesson 1: Black Building is a perfect STEAM exercise letting children Think, Plan, Collaborate, Create, Problem Solve and see Cause and Effect first hand. Read a Martin Luther King Jr. Book and let the children discuss how they will work together, share and create a special peaceful community where all people can live. Create STEM style problems for example -these people want to visit the family on the other side of the river that runs right through the middle of your town. How can they get across the river? How can you build a bridge for them? a boat? What other options are there for this family and that family to visit each other? Have a special parade in the community they build to celebrate cooperation, and friendship. Get out the people and vehicles to make your community complete.

Lesson 2: Magna Tiles, Ice blocks and Polar Animals - Read a North Pole and South Pole Book - what animals live in the North Pole - Polar Bears and Which Animals live in the South Pole - Penguins. Now let the children use their imagination and all that they are learning to build on their own the Polar habitats and help them with properly placing the animals where they live in our world. Talk about the icebergs and the floating ice that the Polar Bears hunt from in the North and the icebergs that the penguin dive from to go catch fish. Encourage the children to use their imagination and create ways for the animals to get from one iceberg to the next -plan, create, problem solve.

Dramatic Play Time: Hoppy's General Store, Hoppy's Home and School Lessons: Continue our lessons about the Winter Season and how we change how we live when the weather gets colder? Do we change what we wear? Do we change what we eat and drink? What about change inside our homes? Do we turn on our heaters; put warmer sheets on our beds, use blankets and burn wood in a fireplace if we have one? Why do we do this? After this discussion, have fun shopping for ingredients to "cook" a winter meal and caring for the babies by dressing them in winter clothing and wrapping them in a warm blanket. Cook healthy meals with fruits, vegetables, proteins and dairy. Teach the babies all about what you are learning in school and practice your manners when you sit down to "eat" your meals. Have fun role modeling, learning life skills, pretending and playing with your friends.

Kitchen Creation: Wash hands first & Make friendship cookies (learning to measure and follow directions) & while the cookies are baking - it is Playdough mixing time -Lets make a batch of dough with Gold Glitter in it. Talk about measuring and amounts of ingredients needed to make a batch of dough for your class and how much do you need if you are making your own batch in your own bowl. Everyone can mix up their own ingredients with their fingers and then have fun creating a special creation for your family - what about an animals that live in the arctic. Talk about camouflage while you create. Will this white sparkly dough help the arctic animals blend into their environment so they are hard to see them? Put all of your creations together with your friends to create a special scene to put on display at Kids Klub. Let your creations dry so you can take them home.

Library Time: Kide Klub is filled with books everywhere in every learning center. Continue to Read Winter Stories, Pine Tree and Forest Books, Animals in winter, Antarctic and add back in specific books about the Arctic this week and compare and contrast what you are reading about different animals, weather, how the animals and people adapt to the winter weather and what the landscape looks like. Also read books about Martin Luther King Jr. and link learning to these special themes like Making New Friends and I am Unique and Special that we learned about in September and Sharing and Giving Theme from December. Enjoy these reading times and discussions all throughout your day incorporating the lessons and themes into everything the children are doing from making playdough to building with blocks - these are all opportunities to teach and make connections in all types of learner. Read at Circle Time, before each learning lesson, at snack time, lunchtime & right before naptime. End your day with stories and discuss about what you have learned from all the books you have read during each day. Build on & connect themes from week to week and month to month.

Puzzles & Manipulatives: Winter Time Lessons continue in the Manipulatives Room - these teaching toys are meant to be touched, moved, and handled to allow children to

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build math skills and solidify understanding. Young children need very concrete real objects to learn from and using more than one object/manipulative set helps your children understand the concept more deeply. Counting, sorting, patterning, adding and subtracting all come to life with manipulatives. Let children explore and play with the manipulatives first then give them a problem to solve or pattern to build. Use the shape puzzles to talk about and reinforce shape skills. Use the linking toys to create ABAB, AABB, AAABBBCCC patterns. Count to 20 as you build patterns with links, pegs, whatever your favorites are. This week Solve Puzzles to build spatial and problem solving skills – with the older children – mix two sets of pieces from 2 different puzzles and have them solve both puzzles at the same time to add extra challenge to their problem solving and spatial skills, practice patterns with multiple teaching toys like linking toys and work on counting as you build the patterns with them. Math is fun!

#### Music & Movement: Outside if weather permits - with all this stress in our world - let's relax first by reading a Yoga Story with everyone on their own socially

**distanced yoga mat.** Breathe slow and deep-and Go through all the Poses in the Yoga Story or two you have chosen. Have each child try to roll their own mat up - this is good motor skill building and teaches them to clean-up and care for their things. Next turn on some music and use the musical instruments like tambourines and the movement scarves, form a circle and one child goes in the middle of the circle and leads the group in movements -then follow the leader around the yard or room with the instruments and scarves- each child gets to lead the group for a few minutes then have them head to the back of the line and the next child leads the line. Teachers lead the way first and show them a bunch of fun and funny options. Role modeling at its finest the sillier you are the better this lesson will become. Self esteem, confidence and leadership building continues this week in a fun and low stress way. Remember to have the children help you properly sanitize the instruments with wipes and properly put away for the next class.

<u>Science 1</u>: Martin Luther King Jr. Had a Dream and was able to change the world with his dream and the actions he took to make his dream a reality. Read Dr. Martin Luther King Jr. Stories and talk with the class about dreams they have and how they can make them happen. Then head out with your friends on a special friendship walk to explore Winter Time outside in the yard if weather permits to look for signs of winter and talk about the changing of the season, animals that live in different environments and how they adapt for the changing weather of each of the 4 seasons. Use your Senses independently to analyze the changes that have taken place. We have done this exploration walk in the end of Summer, in Fall and now in Winter - Use your eyes to take note of how the trees and bushes have changed? Smell with your nose the different smell of the landscape, cold air etc.. Feel with your hands and with your being what the air feels like in winter - is it hot or cold, wet feeling or dry feeling? Feel the bushes, the tree trunks, the play houses, the toys, the ground. Close your eyes and listen to the sound of the play-yard in winter - does it sound different? Can you hear more or less noises from objects/animals in our environment? What objects can you hear? Now open your eyes and see if you are right? Experience winter with all your senses and find the beauty in it. Which season do you like best? Why? Is it the Fall Leaves and all the colors?

Science 2: Really Wild Animals: Polar Prowl Science Video by National Geographic-made just for young children. Sure wish we could bring a Polar Bear to class but we can't but this science video will help us learn about these majestic animals that live in the harsh habitat of ice and snow and really cold temperatures, have their babies buried in the snow and hunt for food on icebergs floating in the ocean. Polar Bears live in the Northern Hemisphere of our planet Earth with most Polar Bears in the Arctic Region.

Theater: Polar Charades and Nime Time - Practice your polar animals and get ready to act out the animal you are given to see if your class can guess what animal you are. Next pair up at a distance and face each other and with no talking slowly move and follow your partners move exactly. Then have a staring contest without laughing-face your friend eyes open stare at each other and see how long you can stay still, staring into each other eyes without laughing and breaking the stare. Have fun because this contest always ends in laughing. So much fun and great practice for sitting still and focusing. Enjoy time on the stage and turn on some music and have fun together with your friends.

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#### The Owl, The Whales and The Zebra Classes



#### International Celebration Week - Wow what a Week of Worldly Learning!

WEEK 22 International Celebrations Week - Let's Travel Åround the World -Europe, North and South Åmerica, Åustralia, Åfrica, Åsia (And we just finished studying all about Antarctica-the 7<sup>th</sup> continent of the world Numbers: 22, 1 - 21 Letter: Rr Review Åa-Qq Colors: International Colors of the Country Flags all around the World Shapes: Rectangle, Country Flags, the 7 Continents, The Map of the World, ÅND we will be celebrating Lunar New Year and the Year of the Snake on Wednesday of this week - so let's introduce the shape of a Snake as well. Pattern: ÅBC, ÅBC (use shape of continents to demonstrate the pattern Europe, North America, South America, Europe, North America, South America, & Australia, Africa, Åsia, Australia, Africa, Åsia), \*Remember a pattern only exists if it is repeated at least twice.

Daily Circle Time: The United States of America Flag-Stars, Stripes and our Pledge of Allegiance, Introduce some Flags from the Countries of South America, Europe, Africa, Asia and Australia, Calendar, Months, Days of the week, Weather, Season, Letters, Numbers, Shapes, Patterns, Our Names, Animals, Vegetables, Fruits – Introduce each of these concepts for the 7 continents around the world- what is the weather like in Asia? What kinds of animals live in Australia? What kinds of Vegetables and Fruits grow in other parts of the world? {Work on all of this in English (America, Canada, The UK and Australia) Spanish (Americas, Spain) and European Country Languages (French, German, Danish, Portuguese, Italian) Africa(English, Swahili, Arabic, French etc...) and Asia (There are 2300 languages in the continent of Asia – top 5 are Chinese, Japanese, Bengali, Indonesian, and Hindi) Each Day try to introduce a few words in the language of the continent we are studying}

Weekly Vocabulary and Learning Concepts throughout the center: The World, 7 Continents of the World, The Globe, Where do we live in our world? Continent of North America and we live together with Mexico, Bahamas, Caribbean, Greenland, Canada. Introduce the continents of Europe, South America, Australia, Africa and Asia throughout the week. Read Stories, Look at Photographs and learn all about the Homes and How People of these Continents Live - Learn about and taste foods from these areas of the world, Learn greetings and words in the different languages, sing international songs, learn international dances, hear the sound of international instruments and music, Listen to the international rhythms. Learn about the weather, animals, foods, clothing, celebrations and costumes, traditions in all these parts of the world- tie this to our Holidays around the World Lessons and look at the similarities and difference that make us all special, unique but connected as human beings all living together on the planet Earth.

	Monday	Tuesday	Wednesday	Thursday	Friday
	Let's easel paint like one of the	Create a favorite animal that	Lunar New Year Årt- an	Create and color an International	Australia is such a weird and
Årt	famous European Painters. Use	lives in the Americas. Teacher's	International Celebration Art	Flag of a country in África.	wonderful country filled with
	brush, fingers, objects to create	choice on how the animals are	Project on this special and	Talk about the country, colors &	animals that are truly unique,
	a masterpiece all your own.	made - paint, construction paper,	important day for so many	symbols. If time permits, create a	foods that are known to only
	Then color a Flag of a European	cutting, tearing, gluing, tissue	countries and the people that live	piece of Áfrican Árt - a	Australians and music and
	country. Use the flash cards to	paper, paper bag, paper plate,	there around the world Create	painting, a musical instrument,	instruments that too are very
	guide you- pick one and paint it-	playdough - there are so many	an International Flag of a country	jewelry, clay - there are many	unique. Color the Australian
	write your name and the name of	options for the children to make	in Ăsia or create a Snake for the	options and this is teacher's	Flag and discuss its symbols
	the Country the flag represents	an animal from the Americas.	Year of the Snake. Or both.	choice art week.	and meaning. Then if time,
	C.	Color a flag from one of the			create a piece of Australian
		countries in the Åmericas.			Årt.
Z∞	Letters Åa - Rr, Sounds &	Letters Åa - Rr, Sounds &	Letters Åa – Rr, Sounds &	Letters Åa - Rr, Sounds &	Letters Åa – Rr, Sounds &
Phonics	Movements	Movements	Movements	Movements	Movements

Afternoon Art: Valentine's Day is coming and the children will be hand-making Valentine cards for all our friends in our class instead of having cards brought in from the outside. Use this week to get this project completed during our afternoon art sessions and if time permits in the morning have the children work on a card for their parents and their classmates one at a time - decorating and writing their name- this is Art and Writing Lessons and Practice together. Have fun, keep it child created, sweet and simple and use this awesome time to teach the children about giving to each other, creating for another, and also as fine motor, pre-writing and writing skill time. If the children complete all their classmate cards, have them finish their cards for their parents and other loved ones during this time.

Balance & Coordination: Outside if weather permits: As a class, look at the World Map and the 7 Continents then set-up an Obstacle Course of the World – Moving from one Continent to the next-Antarctica-waddle like a Penguin, carry an egg on your feet, swim like a seal or whale. Then go to Europe via stepping stones Number 1-5 and pretend to climb the Eiffel Tower in France and balance as you cross the London Bridge in England then head to North America via an flying like an airplane where you will become the Statue of Liberty as you stand on 1 foot. Then switch feet and pose as the Statue of Liberty balancing on the one foot. Next have a relay race with your friends hopping like a Kangaroo in Australia, then spin around and around like a Tasmanian Devil. Walk the AFRICA Letter Stepping Stones to the Continent of Africa where you can follow the trail to the watering hole where you can pretend to be an elephant or lion or hippopotamus. Then balance on the long balance beam "The Great Wall of China" as you then Celebrate Lunar New Year by pretending to be the Snake and Dance when you reach the end! Most of all have lots of fun and laughs as we build our gross motor skills.

**Blocks & Trains: For both Lesson 1 & 2:** Read an International Celebration Around the World Book and focus on the Buildings & Special Monuments all around the World. Have the children look at the World Monument Posters. Then using a collection of blocks, have the children individually or together try to create a monument from somewhere in the world. Work as a whole class Or Small Groups. Have fun trying to look at the pictures and re-create a monument from around the world. We will also have some small monuments and people from around the world blocks to add into the children's creation of cities and towns around the world.

Kitchen Creation: Make our own playdough, measure, mix, and roll out thin. Using the special around the world cookie cutters, create some continents and monuments from around the world. Poke a hole in each of them and then let them dry. Paint and add a ribbon so they can be hung up on the wall or on your holiday tree. Talk about measuring and amounts of ingredients needed to make a batch of dough for your class and how much do you need if you are making your own batch in your own bowl. Everyone can mix up their own ingredients with their fingers and then have fun creating. Math, Fine Motor Skills and International Learning

Library Time: Kids Klub is filled with books in every learning center. Read International Story Books about the people who live all around the room. Learn about how they live, what their homes look like, what foods they love to eat, clothes they like to wear, and celebrations they have all year long. Learn about their music, songs, and special instruments and learn about their dances too. Enjoy these reading times and discussions all throughout your day incorporating the lessons and themes into everything the children are doing from making playdough to building with blocks - these are all opportunities to teach and make connections in all types of learner. Read at Circle Time,

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before each learning lesson, at snack time, lunchtime & right before naptime, and the end of the day with stories and discuss about what you have learned from all the books you have read during each day. Build on & connect themes from day to day and week to week and even month to month.

Puzzles & Manipulatives: This week we will be building puzzles of the world and puzzles with an International Around the World theme. We will also have Flag Flash Cards from Around the World that the children can look at, count, sort, categorize, play matching games and look at the colors, symbols and find similarities. Most of all-fine motor skills, spatial skills and math learning will be fun!

Music & Movement: This week is all about the music, movement and making sounds from All Around the World. Play the special International Music CD's, Read and discuss the Costumes and Dances of the people around the world. Turn on some music and try to learn a dance or two. Play the international instruments and learn the names of each instrument. Read the International Yoga Stories and have the children use their Yoga Mats and do all the poses in the story, using their breathing skills to calm their bodies. Music and dance connects the world in so many wonderful ways to make the most of your Music and Movement Time!

Social Science 1: International Celebration Week - Learning all about the people of the world, how they live, the clothes they wear, what music the listen to, what celebrations they have and what the costumes look like for their celebrations. We will be learning about the foods they like to eat, the language they speak and all the continents, countries, cities, towns, villages they live in. We will be comparing what we learn with how we live right here on the North American Continent, the Country of the United States of American, the State of California, the City of Pasadena or surrounding cities and towns.

<u>Science 2</u>: All About the Animals of the World - What animals live on all the continents and what animals live only on a specific continent? What are the special animals that live on the continent of Australia? Australia has some of the weirdest animals of the whole world. What do they look like? What animals only live in Asia? Read the books, look at the pictures, learn the names, and talk about the features of these animals and why they may live where they live? What do they eat? What kind of habitat do they like to live in? How do they move? Can they climb or jump or fun or dig or swim?

Dramatic Play Time: Hoppy's General Store, Home and School Lessons: Start each learning session with reading an International Book about how the people of the world live, what they eat, how they care for their families, what their homes look like and more. Then have fun cooking an International Dinner and caring for the babies, cleaning the house. Head over to Hoppy's General Store to shop for foods that people around the world like to eat. What are favorite foods from the continent of Europe? What do they like to eat in Africa, South America, Australia, Asia? Read the special Foods from Around the World Books and see if we have any of those foods in our collection of foods in Hoppy's General Store. Share what you are shopping for. Set the table – where do the plate, bowl, glass and silverware go? How are you going to cook the food you picked out at the market? Cook the food and serve it to our friends. Used your manners and have fun cooking, cleaning and caring for the babies. Dress them warm and have fun playing with them. At School – read how other children around the world go to school. What does their schools look like? Then teach the babies all about what you are learning. Have fun role playing, learning life skills, pretending and playing with your friends while learning all about the people all over the world.

Theater: Read one of the books on Celebrations, Costumes, Traditions and Dances Around the World: Then dress-up in all around the world costumes and have fun on stage, dancing to international music and celebrating the amazing world we live in.